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Annual Review of Addictions and Offender Counseling Best Practices Wipf and Stock Publishers Supported by the International Association of Addictions and Offender Counselors (IAAOC), this annual review addresses innovation, evaluation, and program development efforts in addictions and offender counseling. Experts in the field present peer-reviewed models and recommendations for ensuring best practices in addictions and offender counseling. **Pathways From the Culture of Addiction to the Culture of Recovery : a Travel Guide for Addiction Professionals Hazelden Publishing** Pathways from the Culture of Addiction to the Culture of Recovery **Treating Addiction, Second Edition A Guide for Professionals Guilford Publications** "What we wish to offer you, then, is an updated professional resource that combines both clinical and scientific perspectives. We hope this book will be helpful to professionals who are already treating addictive disorders and also to those who are just learning how to treat addictions. We also encourage health professionals more generally to think of addictions as falling within their own normal scope of work, and we have kept this in mind in our writing. In addiction treatment, it makes a difference what you do and how you do it, and it is far easier to develop evidence-based practice from the outset than to change already established habits."--Page x. **Addiction Psychology and Treatment John Wiley & Sons** Provides a comprehensive overview of the psychology of addictions and their treatment across specialities and types of services. **Multiple Relationships in Psychotherapy and Counseling Unavoidable, Common, and Mandatory Dual Relations in Therapy Taylor & Francis** This first-of-a-kind analysis will focus exclusively on unavoidable and mandated multiple relationships between clients and psychotherapists. The book will cover the ethics of a range of venues and situations where dual relationships are mandated, such as in the military, prisons/jails, and police departments, and settings where multiple relationships are unavoidable, such as rural communities; graduate schools and training institutions; faith, spiritual, recovery or 12-step, minority and disabled communities, total institutions, and sport psychology. The complexities of social network ethics and digital dual relationships, such as clients becoming "friends" or "fans" on their therapists' social media pages are discussed. Finally, the book will discuss the complexities multiple roles that inevitably emerge in supervisory relationships. **Addictions Treatment for Older Adults Evaluation of an Innovative Client-Centered Approach Routledge** Here is a detailed description of an innovative approach for treating elderly persons who have alcohol or drug problems. During the past few years there has been growing recognition of the special needs of these individuals. Addictions Treatment for Older Adults describes the evaluation of the Community Older Persons Alcohol (COPA) Program. This book helps readers understand the nature of substance abuse among the elderly, as well as how to identify and intervene with older persons who have alcohol and drug problems, including persons who are reluctant to seek treatment. Addictions Treatment for Older Adults explains the development of the COPA program and how it works. Many case studies and tables provide illuminating details for readers who work with this elderly population. Chapters examine characteristics of elderly persons with alcohol or drug problems the typology of COPA clients and their problem areas treatment interventions variables associated with improvement analysis of progress made by clients during and after treatment the factors that seem to predict recovery The in-depth descriptions in this book provide much needed information and guidance for professionals striving to meet the treatment and care needs of elderly substance abusers. Addictions Treatment for Older Adults should be read by researchers in the substance abuse field and by persons who work with the elderly, such as community nurses, social workers, and physicians. In this book they will find the best description to date of the nature of alcohol and drug problems among elderly who live in their communities. **Group Treatment for Substance Abuse, Second Edition A Stages-of-Change Therapy Manual Guilford Publications** The leading manual on group-based treatment of substance use disorders, this highly practical book is grounded in the transtheoretical model and emphasizes the experiential and behavioral processes of change. The program helps clients move through the stages of change by building skills for acknowledging a problem, deciding to act, developing and executing a plan, and accomplishing other critical tasks. The expert authors provide step-by-step guidelines for implementing the 35 structured sessions, along with strategies for enhancing motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition *Reflects significant developments in research and clinical practice. *Eight new sessions focusing on the brain and substance use, gratitude, self-control.

mindfulness, acceptance, and more. *Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. *41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts. **SOCIAL NETWORK ADDICTION PART 1 Lulu.com The Psychology Of Addiction Routledge** This text provides a comprehensive overview of psychological approaches to understanding addictions. Without denying the importance of biological Factors, Emphasis Is Placed More Upon Social, Psychological And Emotional factors as is necessary to a complete understanding of addiction. Within this framework, an addiction is not limited to substance-based behaviours such as drinking alcohol, smoking or drug use. Although these important areas are covered, a wider perspective is taken to include behavioural addictions such as gambling, violence and joy riding. Finally, prevention approaches are discussed with reference to the public health model which encompasses issues relating to the agent, the host and the environment. A list of resources and references is provided for those wishing to obtain further information.; Written in a jargon-free style, "The Psychology of Addiction" is aimed at students at the beginning of their courses. It should also be a valuable resource for professionals: nurses, social workers, police and probation officers and medical students, who often encounter the problems described in the book. **Scripting Addiction The Politics of Therapeutic Talk and American Sobriety Princeton University Press** Scripting Addiction takes readers into the highly ritualized world of mainstream American addiction treatment. It is a world where clinical practitioners evaluate how drug users speak about themselves and their problems, and where the ideal of "healthy" talk is explicitly promoted, carefully monitored, and identified as the primary sign of therapeutic progress. The book explores the puzzling question: why do addiction counselors dedicate themselves to reconciling drug users' relationship to language in order to reconfigure their relationship to drugs? To answer this question, anthropologist Summerson Carr traces the charged interactions between counselors, clients, and case managers at "Fresh Beginnings," an addiction treatment program for homeless women in the midwestern United States. She shows that shelter, food, and even the custody of children hang in the balance of everyday therapeutic exchanges, such as clinical assessments, individual therapy sessions, and self-help meetings. Acutely aware of the high stakes of self-representation, experienced clients analyze and learn to effectively perform prescribed ways of speaking, a mimetic practice they call "flipping the script." As a clinical ethnography, Scripting Addiction examines how decades of clinical theorizing about addiction, language, self-knowledge, and sobriety is manifested in interactions between counselors and clients. As an ethnography of the contemporary United States, the book demonstrates the complex cultural roots of the powerful clinical ideas that shape therapeutic transactions--and by extension administrative routines and institutional dynamics--at sites such as "Fresh Beginnings." **Enhancing Motivation for Change in Substance Abuse Treatment DIANE Publishing** This report is based on a rethinking of the concept of motivation, which is redefined here as purposeful, intentional, & positive -- directed toward the person's best interests. This report shows how substance abuse treat. staff can influence change by developing a therapeutic relationship that respects & builds on the client's autonomy & makes the treat. clinician a partner in the change process. Describes motivational interventions that can be used at all stages of the change process, from pre-contemplation & preparation to action & maintenance, & informs readers of the research, results, tools, & assessment instruments related to enhancing motivation. **Lippincott's Manual of Psychiatric Nursing Care Plans Lippincott Williams & Wilkins** Accompanying CD-ROM has nursing care plans, a customizable psychosocial assessment tool, and monographs about psychotropic drugs. **The Addiction Treatment Planner John Wiley & Sons** The Addiction Treatment Planner, Third Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal review agencies. This Third Edition includes new language forevidence-based care that fits mandates set forth by the American Society of Addiction Medicine (ASAM), which are being adopted by most state accrediting bodies New chapters cover chronic pain, dangerousness/lethality, opioid dependence, and self-care Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans Organized around 42 main presenting problems, including chemical and nonchemical addictions such as substance abuse, eating disorders, schizoid traits, and others Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-IV-TR diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including HCFA, JCAHO, and NCQA) **TIP 35: Enhancing Motivation for Change in Substance Use Disorder Treatment (Updated 2019) Lulu.com Federal Probation Psychology of Substance Abuse Psychotherapy, Clinical Management and Social Intervention Springer Nature** This book is a guide for psychologists working with substance users in different healthcare settings, from private clinical practice to larger health institutions and community services. It presents a comprehensive overview of the different aspects involved with substance use disorders from a psychological perspective, from prevention to recovery. The volume offers an integrative view about neurobiological, behavioral and psychosocial aspects related to becoming a substance user; shows how psychological assessment tools can be used to diagnose substance use disorders; describes how different kinds of psychotherapy can be applied in the treatment of substance use disorders; and presents a range of evidence-based clinical and social interventions designed for both prevention and treatment of substance use disorders. Apart from covering the whole range of services related to the prevention, diagnosis and treatment of substance use disorders, the volume also shows how these issues can be approached from different theoretical perspectives within psychology, such as: Behavioral and Cognitive Psychology Neuropsychology Existential Psychology Phenomenology Psychoanalysis Analytical Psychology Community and Social Psychology Psychology of Substance Abuse: Psychotherapy, Clinical Management and Social Intervention will be a useful resource for psychologists and other health professionals working with substance users, as well as to undergraduate and graduate students looking for a comprehensive introduction to the psychology of substance abuse. **Treating Adolescent Substance Abuse Using Family Behavior Therapy A Step-by-Step Approach John Wiley & Sons** Praise for Treating Adolescent Substance Abuse Using Family Behavior Therapy "This is an extremely positive and strength-focused text that provides therapists with a structure and the tools to implement interventions that have a long history of promoting the types of clinical changes desired by family members and community stakeholders."—From the Foreword by Scott W. Henggeler, PhD, Professor, Department of Psychiatry and Behavioral

Sciences, and Director, Family Services Research Center, Medical University of South Carolina "Kudos to Donohue and Azrin for writing a book that includes all the materials needed to implement FBT with adolescents, including prompting checklists, handouts, and worksheets."—Karol Kumpfer, PhD, Professor, Health Promotion & Education, and Chair, International Study Abroad Committee, College of Health, University of Utah, and former director, SAMHSA's Center for Substance Abuse Prevention "Treating Adolescent Substance Abuse Using Family Behavior Therapy is an important resource for those who wish to provide an empirically supported, strengths-based, behavioral treatment for adolescents with substance-use problems and their parents."—Susan Harrington Godley, RhD, Senior Research Scientist and EBT Coordinating Center Director, and Mark D. Godley, PhD, Director, Research & Development, Chestnut Health Systems "In my practice with adolescents, FBT has proven exceptionally effective in drawing families closer together and yielding improved outcomes. This remarkably supportive approach helps young people develop critical skills necessary to live a fulfilling and drug-free lifestyle. This book clearly illustrates how to implement the interventions with ease and exemplifies the deeply gratifying experience of FBT."—Stephen A. Culp, MEd, NCC, LPCC, Addiction Services Therapist, Comprehend, Inc., Maysville, KY Listed in multiple national clearinghouses, including SAMHSA's National Registry of Evidence-based Programs and Practices and the CEBC, Family Behavior Therapy (FBT) is a scientifically supported treatment for adolescent substance abuse and its many associated problems. Written by Brad Donohue and Nathan Azrin—the premier researchers and practitioners of FBT—Treating Adolescent Substance Abuse Using Family Behavior Therapy is the first book of its kind to provide mental health professionals with the practical, step-by-step guidance needed to use this evidence-based treatment. Filled with case studies, checklists, worksheets, and handouts, this essential guide features: Strategies to assist in effective goal-setting, treatment plans, and family management Motivational enhancement exercises to encourage youth into a problem-free lifestyle Methods to effectively address contextual issues such as noncompliance and culture Standardized treatments to assist in eliminating problems that coexist with substance abuse, including unemployment, depression, behavioral misconduct, and family dysfunction An accompanying CD-ROM contains all the book's record-keeping forms, checklists, assignments, progress notes, agendas, and worksheets in a customizable format. **Counseling Addicted Families An Integrated Assessment and Treatment Model Routledge** In Counseling Addicted Families, Gerald A. Juhnke and William Bryce Hagedorn recognize that even those treatment providers who understand the importance of the familial context of addiction are often stymied by the variety of family treatment theories and their often imperfect fit for cases of addiction. In this book, Juhnke and Hagedorn provide a truly integrated model for assessment and treatment. Based upon the authors' combined twenty-three years of experience in clinical and treatment supervision, the Integrated Family Addictions Model consists of six progressive treatment tiers which organize the relevant family treatment theories into a graduated and coherent sequence, beginning with the briefest and least costly forms of therapy. **Clearinghouse Review The Gods of Addiction A Testimony iUniverse** This inspirational memoir shares one man's journey through addiction, recovery, and the eventual realization that God is his savior. Mitchell Green has been to hell and back. For more than thirty years, demonic forces intertwined within him, tearing his life apart, testing his sanity, and destroying every good thing he ever found, created, or was given. In his moving testimony, Green shares his inspiring life story of addiction and of the glorious heights to which a soul has the potential to rise-even after its descent into darkness. In his candid portrayal of life before, during, and after addiction, Green recalls sitting in drug dens, his face sunken, skin ashen, eyes wild, and pumping cocaine into his system-all while wondering where he would find the money for his next hit. Most of all, Green remembers running. But when he was charged with assault during a robbery, the running stopped-at least for the next eleven years. As Green shares the challenging journey of his recovery, he describes the joyless process that it became until the voice of a loving God spoke to his suffering soul and revealed his true identity. The Gods of Addiction is an inspirational story about the power of the gods of addiction to destroy lives and the power of God to save them. **Clinical Supervision in Alcohol and Drug Abuse Counseling Principles, Models, Methods John Wiley & Sons** "The perfect handbook for the clinical supervisor." —Nancy Waite-O'Brien, director, Education and Training, Betty Ford Center "An outstanding contribution to the professional well-being of the addiction field." —Thomas McGovern, editor, Addiction Treatment Quarterly "Forever useful." —S. Beckett, education and training coordinator, National Association of Alcohol and Drug Abuse Counselors **Addictions A Comprehensive Guidebook Oxford University Press** Today, alcohol and other drug abuse scientists have access to a broad array of clinical resources that integrate a commonsensical approach to addiction treatment with science. Addictions: A Comprehensive Guidebook is a superb example of one such resource. Here, in one volume, is both practical and scholarly information for alcohol and drug abuse specialists, primary care providers, clinicians, policy-makers, and others involved in programs that are geared to help those who abuse or are dependent on alcohol and other drugs. Its scope is a testament to how far drug abuse scientists and practitioners have come in defining what they do and to how they are able to do it effectively through a growing body of scientific behavioral research. Addictions is organized into seven parts that range from the prevalence of certain addictions to their identification and treatment to the social effects of these addictions. In fact, this volume contains nearly all of the basic information a professional or graduate student needs to learn about or treat substance abuse. **Theory and Practice of Addiction Counseling SAGE Publications** Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention. **Systemic Sex Therapy Routledge** This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition,

Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives. **Motivational Interviewing Helping People Change Guilford Press** This is the authoritative, bestselling guide that professionals and students turn to for a complete introduction to motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI -- engaging, focusing, evoking, and planning -- and vividly demonstrates what they look like in action. A wealth of vignettes and interview examples illustrate the "dos and don'ts" of successful implementation in diverse contexts. Highly accessible, the book is infused with respect and compassion for clients. The companion Web page provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. New to This Edition: Reflects major advances in understanding and teaching MI. Fully restructured around the new four-process model. All chapters now authored by Miller and Rollnick. Additional case examples and counseling situations. Reviews the growing evidence base and covers ways to assess MI fidelity. Pedagogical Features Include: Online reflection questions and annotated cases, ideal for classroom discussion. Bulleted key points at the end of each chapter. Engaging boxes with special topics and personal reflections. Extended bibliography and quick-reference glossary. This title is part of the Applications of Motivational Interviewing Series, edited by Stephen Rollnick and William R. Miller. **Motivational Interviewing, Third Edition Helping People Change Guilford Press** This bestselling work for professionals and students is the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. The book elucidates the four processes of MI--engaging, focusing, evoking, and planning--and vividly demonstrates what they look like in action. A wealth of vignettes and interview examples illustrate the "dos and don'ts" of successful implementation in diverse contexts. Highly accessible, the book is infused with respect and compassion for clients. The companion Web page provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers. New to This Edition:*Reflects major advances in understanding and teaching MI.*Fully restructured around the new four-process model.*Additional case examples and counseling situations.*Reviews the growing evidence base and covers ways to assess MI fidelity. Pedagogical Features Include:*Online reflection questions and annotated cases, ideal for classroom discussion.*Key points at the end of each chapter.*Engaging boxes with special topics and personal reflections.*Extended bibliography and quick-reference glossary. **Adolescent Health** **Adolescent Health: Background and the effectiveness of selected prevention and treatment services Fundamentals of Motivational Interviewing Tips and Strategies for Addressing Common Clinical Challenges Oxford University Press, USA** "Fundamentals of Motivational Interviewing provides a straightforward, common-language, and user-friendly guide to key concepts in MI"-- **Achievement And Addiction A Guide To The Treatment Of Professionals Routledge** Achievement and Addiction strives to answer those difficult questions, and, in so doing, to provide mental health professionals with the expertise necessary successfully to guide this unique population on their journey toward recovery **Research Anthology on Mental Health Stigma, Education, and Treatment IGI Global** In times of uncertainty and crisis, the mental health of individuals become a concern as added stressors and pressures can cause depression, anxiety, and stress. Today, especially with more people than ever experiencing these effects due to the Covid-19 epidemic and all that comes along with it, discourse around mental health has gained heightened urgency. While there have always been stigmas surrounding mental health, the continued display of these biases can add to an already distressing situation for struggling individuals. Despite the experience of mental health issues becoming normalized, it remains important for these issues to be addressed along with adequate education about mental health so that it becomes normalized and discussed in ways that are beneficial for society and those affected. Along with raising awareness of mental health in general, there should be a continued focus on treatment options, methods, and modes for healthcare delivery. The Research Anthology on Mental Health Stigma, Education, and Treatment explores the latest research on the newest advancements in mental health, best practices and new research on treatment, and the need for education and awareness to mitigate the stigma that surrounds discussions on mental health. The chapters will cover new technologies that are impacting delivery modes for treatment, the latest methods and models for treatment options, how education on mental health is delivered and developed, and how mental health is viewed and discussed. It is a comprehensive view of mental health from both a societal and medical standpoint and examines mental health issues in children and adults from all ethnicities and socio-economic backgrounds and in a variety of professions, including healthcare, emergency services, and the military. This book is ideal for psychologists, therapists, psychiatrists, counsellors, religious leaders, mental health support agencies and organizations, medical professionals, teachers, researchers, students, academicians, mental health practitioners, and more. **Women and Addiction A Comprehensive Handbook Guilford Press** For many years, addiction research focused almost exclusively on men. Yet scientific awareness of sex and gender differences in substance use disorders has grown tremendously in recent decades. This volume brings together leading authorities to review the state of the science and identify key directions for research and clinical practice. Concise, focused chapters illuminate how biological and psychosocial factors influence the etiology and epidemiology of substance use disorders in women; their clinical presentation, course, and psychiatric comorbidities; treatment access; and treatment effectiveness. Prevalent substances of abuse are examined, as are issues facing special populations. **Organizational Change and Drug-free Workplaces Templates for Success Greenwood Publishing Group** The organizational change approach that is required to achieve drug-free workplaces is the main subject of this book. Based upon findings from a three-year national research study, Backer and O'Hara examine what has already been done to combat drug abuse in the workplace. They place the results of their inquiry within the larger context of organizational change theory. The critical secondary issues of responses to AIDS in the workplace and containing employer health care costs through managed care are also addressed. **A Contemporary Approach to Substance Use Disorders And Addiction Counseling John Wiley & Sons** Written as an introduction to the field of addiction counseling, this text covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction. Drs. Brooks and

McHenry provide a straightforward and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master's-level addictions courses and mental health clinicians. Topics covered are cultural and gender issues, including work with LGBT clients; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/mental health agency settings; developmental approaches in treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; addictions training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

Foundations of Addictions Counseling Allyn & Bacon Foundations of Addiction Counseling explores the techniques and skills a new practitioner will need in the real world, with chapters by expert scholars, while providing a thorough review of the theory, history and research of addiction counseling. This comprehensive text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children and adolescents, and recovering addicts.

Criminal Conduct and Substance Abuse Treatment for Women in Correctional Settings: Adjunct Provider's Guide Female-Focused Strategies for Self-Improvement and Change-Pathways to Responsible Living SAGE This Provider's Guide is an adjunct to the best-selling Criminal Conduct and Substance Abuse Treatment. This text is specifically designed to meet the needs of practitioners working with female substance abusers.

In the Realm of Hungry Ghosts Close Encounters with Addiction Knopf Canada In this timely and profoundly original new book, bestselling writer and physician Gabor Maté looks at the epidemic of addictions in our society, tells us why we are so prone to them and what is needed to liberate ourselves from their hold on our emotions and behaviours. For over seven years Gabor Maté has been the staff physician at the Portland Hotel, a residence and harm reduction facility in Vancouver's Downtown Eastside. His patients are challenged by life-threatening drug addictions, mental illness, Hepatitis C or HIV and, in many cases, all four. But if Dr. Maté's patients are at the far end of the spectrum, there are many others among us who are also struggling with addictions. Drugs, alcohol, tobacco, work, food, sex, gambling and excessive inappropriate spending: what is amiss with our lives that we seek such self-destructive ways to comfort ourselves? And why is it so difficult to stop these habits, even as they threaten our health, jeopardize our relationships and corrode our lives? Beginning with a dramatically close view of his drug addicted patients, Dr. Maté looks at his own history of compulsive behaviour. He weaves the stories of real people who have struggled with addiction with the latest research on addiction and the brain. Providing a bold synthesis of clinical experience, insight and cutting edge scientific findings, Dr. Maté sheds light on this most puzzling of human frailties. He proposes a compassionate approach to helping drug addicts and, for the many behaviour addicts among us, to addressing the void addiction is meant to fill. I believe there is one addiction process, whether it manifests in the lethal substance dependencies of my Downtown Eastside patients, the frantic self-soothing of overeaters or shopaholics, the obsessions of gamblers, sexaholics and compulsive internet users, or in the socially acceptable and even admired behaviours of the workaholic. Drug addicts are often dismissed and discounted as unworthy of empathy and respect. In telling their stories my intent is to help their voices to be heard and to shed light on the origins and nature of their ill-fated struggle to overcome suffering through substance use. Both in their flaws and their virtues they share much in common with the society that ostracizes them. If they have chosen a path to nowhere, they still have much to teach the rest of us. In the dark mirror of their lives we can trace outlines of our own. —from In the Realm of Hungry Ghosts

Addictions Counseling Today Substances and Addictive Behaviors SAGE Publications Winner of the 2020 Canadian Counselling and Psychotherapy Association (CCPA) Counselling Book Award Enlightening and practical, Addictions Counseling Today invites students into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction. Learn why teaching addictions is changing and how to adapt your course by watching Kevin G. Alderson's Ph.D. webinar entitled The Pandemic Addiction Volcano here. Online Resources Free PowerPoint® slides with video for instructors are available with this text. Test bank questions will be available in August 2020. Contact the author to learn more.

Cultural Competence in Substance Abuse Prevention N A S W Press This book provides AOD professionals with the vital knowledge and strategies they need to become more culturally competent -- a prerequisite for success in the 21st century. It demonstrates how to integrate cultural competence and an AOD curriculum and how to develop highly effective prevention messages and treatment modalities within a cultural context.

Conducting Group Therapy with Addicts A Handbook for Professionals Sulzburger & Graham Publishing Dr. Elder explains how addicts can help themselves and each other toward recovery with minimal intervention on the part of group leaders. He explains how the initial shift from self-absorption to the concerns of a group occur and then presents a clinically based model for starting, conducting and controlling group therapy sessions.