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KEY=PELVIC - AIYANA BRENDEN

RELIEVING PELVIC PAIN DURING AND AFTER PREGNANCY

HOW WOMEN CAN HEAL CHRONIC PELVIC INSTABILITY

Hunter House Outlines an approach to healing pelvic pain in pregnant and postpartum women, featuring illustrated exercise recommendations and organizing information into two parts respectively dedicated to women and their caregivers. Original.

RELIEVING PELVIC PAIN DURING AND AFTER PREGNANCY

HOW WOMEN CAN HEAL CHRONIC PELVIC INSTABILITY

Hunter House This book teaches women and physical therapists how to deal with pelvic pain.

RELIEVING PELVIC PAIN DURING AND AFTER PREGNANCY

HOW WOMEN CAN HEAL CHRONIC PELVIC INSTABILITY

Hunter House Publishers Pregnancy weakens the ligaments that keep the pelvic bones together. If those weakened ligaments become overloaded or injured, it results in pelvic instability -- pain around the joints that can be brief or last for years after the birth. In 1996, Cecile Röst, who suffered from this condition herself, devised a treatment program that is simple, home based, and proven to work. Her book, with over 100 illustrations and detailed testimonials, is divided into two parts. The first part shows simple exercises for symmetry and stabilization, and the proper way to lie, sit, and get out of a car in order to prevent pelvic instability during pregnancy. Patients can practice these exercises and positions with or without a care provider's help. Part two, aimed at care providers, shows the results of a survey carried out among 200 women suffering from pelvic complaints. Here the author also presents a theoretical treatise of pelvic pain, the protocol of the first consult, and the contents of the therapy, including a sports program.

HEAL PELVIC PAIN: THE PROVEN STRETCHING, STRENGTHENING, AND NUTRITION PROGRAM FOR RELIEVING PAIN, INCONTINENCE, I.B.S, AND OTHER SYMPTOMS WITHOUT SURGERY

McGraw Hill Professional Bronze Medal Winner of a 2009 National Health Information Award Stop your pelvic pain . . . naturally! If you suffer from an agonizing and emotionally stressful pelvic floor disorder, including pelvic pain, irritable bowel syndrome, endometriosis, prostatitis, incontinence, or discomfort during sex, urination, or bowel movements, it's time to alleviate your symptoms and start healing--without drugs or surgery. Natural cures, in the form of exercise, nutrition, massage, and self-care therapy, focus on the underlying cause of your pain, heal your condition, and stop your pain forever. The life-changing plan in this book gets to the root of your disorder with: A stretching, muscle-strengthening, and massage program you can do at home Guidelines on foods that will ease your discomfort Suggestions for stress- and pain-reducing home spa treatments Exercises for building core strength and enhancing sexual pleasure

PELVIC RING FRACTURES

Springer Nature This book provides in-depth coverage of all aspects of pelvic ring fractures and their management. The opening chapters supply essential information on surgical anatomy, biomechanics, classification, clinical evaluation, radiological diagnostics, and emergency and acute management. The various operative techniques, including navigation techniques, that have been established and standardized over the past two decades are then presented in a step-by-step approach. Readers will find guidance on surgical indications, choice of approaches, reduction and fixation strategies, complication management, and optimization of long-term results. Specific treatment concepts are described for age-specific fractures, including pediatric and geriatric injuries, and secondary reconstructions. Pelvic ring fractures represent challenging injuries, especially when they present with concomitant hemodynamic instability. This book will help trauma and orthopaedic surgeons at all levels of experience to achieve the primary treatment aim of anatomic restoration of the bony pelvis to preserve biomechanical stability and avoid malunion with resulting clinical impairments.

WOMEN'S HEALTH REVIEW E-BOOK

A CLINICAL UPDATE IN OBSTETRICS - GYNECOLOGY

Elsevier Health Sciences Efficiently review the latest clinical recommendations, developments, and procedures with Women's Health Review. This comprehensive, yet succinct summary is just the medical reference book you need to ensure that your knowledge is up to date! Zero in on the most important new information with "update boxes," and dig deeper into the surrounding text for more background or complementary discussions. Review key points quickly with the aid of relevant tables and images. Take an organized approach to review with a subspecialty-based structure and a convenient outline format. Get the authoritative coverage you need thanks to the collaboration of contributions from University of California medical schools, each at the top of their specialty.

THE OVERACTIVE PELVIC FLOOR

Springer This textbook provides a comprehensive, state-of-the art review of the Overactive Pelvic Floor (OPF) that provides clinical tools for medical and mental health practitioners alike. Written by experts in the field, this text offers tools for recognition, assessment, treatment and interdisciplinary referral for patients with OPF and OPF related conditions. The text reviews the definition, etiology and pathophysiology of non-relaxing pelvic floor muscle tone as well as discusses sexual function and past sexual experience in relation to the pelvic floor. Specific pelvic floor dysfunctions associated with pelvic floor overactivity in both men and women are reviewed in detail. Individual chapters are devoted to female genital pain and vulvodynia, female bladder pain and interstitial cystitis, male chronic pelvic and genital pain, sexual dysfunction related to pelvic pain in both men and women, musculoskeletal aspects of pelvic floor overactivity, LUTS and voiding dysfunction, and anorectal disorders. Assessment of the pelvic floor is addressed in distinct chapters describing subjective and objective assessment tools. State of the art testing measures including electromyographic and video-urodynamic analysis, ultrasound and magnetic resonance imaging are introduced. The final chapters are devoted to medical, psychosocial, and physical therapy treatment interventions with an emphasis on interdisciplinary management The Overactive Pelvic Floor serves physicians in the fields of urology, urogynecology and gastroenterology as well as psychotherapists, sex therapists and physical therapists.

MATERNITY AND WOMEN'S HEALTH CARE - E-BOOK

Elsevier Health Sciences The #1 maternity book in the market is getting even better. *Maternity and Women's Health Care, 11th Edition* provides evidence-based coverage of everything you need to know about caring for women of childbearing age. Not only does this text emphasize childbearing concerns like newborn care, it also addresses wellness promotion and management of women's health problems. In describing the continuum of care, it integrates the importance of understanding family, culture, and community-based care. Boasting new medication alerts and updated content throughout, this edition covers the new maternal levels of care, and the revised AAP policy on breastfeeding and infant sleep. Expert authors of the market-leading maternity nursing textbook deliver the most accurate, up-to-date content. Clinical reasoning case studies provide you with opportunities to test and develop your analytical skills and to apply knowledge in various settings. Community Activity boxes focus on maternal and newborn activities that can be pursued in local community settings and illustrate nursing care in a variety of settings. Cultural Considerations stress the importance of considering the beliefs and health practices of patients from various cultures when providing care. Emergency boxes provide information about various emergency situations and offer a quick reference in critical situations. Family-Centered Care boxes highlight the needs and concerns of families that you should consider to provide family-centered care. Medication guides provide an important reference of drugs and their interactions. Nursing care plans include rationales for interventions and provide you with an overview of, and specific guidelines for, delivering effective nursing care. Safety alerts highlighted and integrated within the content draw attention to developing competencies related to safe nursing practice. Signs of potential complications highlight vital concerns, alerting you to signs and symptoms of complications and the immediate interventions to provide. Teaching for Self-Management boxes highlight important information that nurses need to communicate to patients and families for follow-up care.

FEMALE UROLOGY E-BOOK

TEXT WITH DVD

Elsevier Health Sciences Completely reorganized and updated, the 3rd Edition of this best-selling reference presents comprehensive coverage of all aspects of female urology, making it easy to implement today's best approaches for every patient, both surgical and non-surgical. Offers step-by-step, highly illustrated guidance on diagnosing and managing the full range of female urologic problems you encounter in practice. Features the work of all new contributors and 30% new content to keep you abreast of the latest in the specialty. Enables you to implement the most current techniques through new chapters on pharmacologic neuromodulation (Botox) and laparoscopic management of SUI, as well as an expanded section on Surgical Management of Pelvic Organ Prolapse. Includes 200 new illustrations and 400 new clinical photographs reflecting the state of current practice.

BOTANICAL MEDICINE FOR WOMEN'S HEALTH E-BOOK

Elsevier Health Sciences A comprehensive resource of medical and herbal interventions related to women's health issues, *Botanical Medicine for Women's Health* provides a unique combination of traditional and modern scientific data on herbal medicine. Written by Aviva Romm, MD, an experienced herbalist, physician, and midwife, this guide blends a clinician-sensitive and patient-centered approach to women's health issues. Coverage of menstrual health, fertility, breast conditions, and more makes this an essential resource for everyday practice. Winner of the 2010 American Botanical Council's James A. Duke Excellence in Botanical Literature Award! Expert author Dr. Aviva Romm combines her experience as an herbalist, physician, and midwife for a fully integrated approach to medical and botanical interventions. Convenient organization begins with herbal medicine and then covers health conditions organized chronologically by lifecycle help you understand the relationship between herbal medicine and women's health. Plant profiles include principle uses, clinical indications, and safety information on the 10 most commonly used botanicals for women's health. Detailed illustrations and professional plant photographs enable you to identify herbs visually as well as by substance make-up. Specialized focus on women's health and botanical medicine provides the specific information you need for treating women at any stage of life. Content on over 150 botanicals for over 35 different conditions make this a comprehensive resource for current, evidence-based information. Appendices on common botanical names, quick dose reference charts, adverse interactions, and botanical medicine resources offer practical information at a glance. Over 30 expert contributors with a combination of practical experience as clinicians and teachers provide a unique, clinically based perspective on botanical medicine.

THERAPEUTIC MANAGEMENT OF INCONTINENCE AND PELVIC PAIN

PELVIC ORGAN DISORDERS

Springer Science & Business Media As medical knowledge advances we tend to compartmentalise our specialties into smaller units; but, hand in hand with this, there is a growing understanding between the different disciplines within the caring professions. Thus we are able to share our special skills to the benefit of patients. This book is an excellent example of the advantage of interdisciplinary communication and demonstrates a refreshing holistic approach to the problems of incontinence and pelvic pain. Written with physiotherapists in mind, the editors have invited contributions from many distinguished experts in their own field. These have been compiled into a comprehensive book, which will appeal to many healthcare professionals. I have had great pleasure in reading this book. During the time that I have been involved with 'pelvic dysfunction' there have been many exciting advances. These are all included in a most readable sequence, some presented with a refreshing new twist. In particular, I would like to bring to your attention the section on 'pelvic pain'. Because of our lack of understanding it has been a problem that is too often ignored and here at last are some practical ideas for therapeutic management. There is still much progress to be made in the field of incontinence and pelvic pain and as yet, no editors can be expected to produce a definitive work. However, I would like to recommend this book most strongly. It has a new approach to this topic, which is still a major problem for many people.

CURRENT THERAPY IN PAIN E-BOOK

Elsevier Health Sciences This unique resource focuses on the diagnosis and treatment of painful conditions—both acute and chronic—from a multi-disciplinary perspective. Joined by a team of nearly 200 international contributors representing a wide range of specialties, Dr. Smith presents the best management options within and across specialties. Succinct treatment and therapy guidelines enable you to quickly access clinically useful information, for both inpatient and outpatient pain management. Offers a cross-discipline approach to pain management for a comprehensive view of the best treatment options within and across specialties including internal medicine, gynecology, physical medicine and rehabilitation, orthopedics, and family medicine. Provides succinct treatment and therapy guidelines, enabling you to locate useful information quickly. Organizes guidance on acute and chronic therapies in a templated format, to facilitate consistent, quick-access consultation appropriate for inpatient or outpatient pain management.

DIFFERENTIAL DIAGNOSIS FOR PHYSICAL THERAPISTS- E-BOOK

Elsevier Health Sciences Learn how to screen for red flags and when to refer clients to a medical specialist! *Differential Diagnosis for Physical Therapists: Screening for Referral, 6th Edition* provides a step-by-step approach to screening for systemic disease and medical conditions that can mimic neuromuscular and musculoskeletal problems. It describes both red flags and yellow flags, so you can recognize the signs and symptoms for conditions outside the scope of physical therapy practice. This edition includes new information on women's health issues. Written by experienced PT practitioner Catherine Cavallaro Goodman, this book helps you determine whether a client's symptoms require physical therapy or physician referral! UNIQUE! Five-step screening model is systems- and symptoms-based, and follows the standards for competency established by the American Physical Therapy Association, covering past medical history, risk factor assessment, clinical presentation, associated signs and symptoms, and review of symptoms. UNIQUE! Case studies are based on clinical experience and give real-world examples of how to integrate screening information into the diagnostic process and when to treat or refer. Evidence for the screening process is based on peer-reviewed literature, reporting on the sensitivity, specificity, and likelihood ratios of yellow (cautionary) and red (warning) flags. Key Points to Remember boxes at the end of each chapter provide quick, bulleted summaries of critical information. Quick-reference summaries include tables, boxes, follow-up questions, clinical signs and symptoms, and case examples. Screening tools and checklists are found in the book and on the Evolve website, and are downloadable and printable for use in the clinic. Quick response (QR) codes that can be scanned on a smartphone, tablet, or other mobile device provide links to valuable screening tools such as lists of questions for screening specific problems, checklists, intake forms, and assessment tests New content on women's health expands coverage of this important topic. UPDATES reflect the most current information on screening for referral. New associate editors — John Heick and Rolando Lazaro — bring fresh insight, as respected physical therapy educators. New! Color tabs make it easier to locate chapters and topics.

TIDY'S PHYSIOTHERAPY E-BOOK

Elsevier Health Sciences The essential book to refer to, whether you're just starting out or about to go on placement or need to look up something for an assessment, the 14th edition of Tidy's Physiotherapy is up-to-date and ready to meet the needs of today's physiotherapy student. Chapters are written by specialists who have come from a wide range of clinical and academic backgrounds. Each chapter encourages you to problem solve and provides case studies to give the opportunity to consolidate learning and to give you confidence when you need to apply what you have learned. For the first time, a DVD ROM is included which contains sections on musculoskeletal tests, massage and exercise, and graphics which can be used for revision, presentations and even teaching. High quality annotated art illustrations Case studies which provide further insights into the physiotherapists clinical reasoning Web links DVD containing videoclips and downloadable photographs Additional chapters on Care of the Ventilated Patient; Caridac and Pulmonary Rehabilitation, Management of Tissue Healing and Repair, Massage, Electrotherapy, Pain and Changing Relationships for Promoting Health Part of the Physiotherapy Essentials series - core textbooks for both students and lecturers

UROGYNECOLOGY AND RECONSTRUCTIVE PELVIC SURGERY E-BOOK

Elsevier Health Sciences Edited and authored by some of the most respected figures in the field, this newly revised book is your comprehensive guide to all areas of urogynecology, including urinary and fecal incontinence, urodynamic testing, management of genuine stress incontinence, pelvic organ prolapse, overactive bladder, and much more. Uniquely organized to reflect a physician's decision-making process, this practical, clinically oriented text moves from basic concepts through to clinical and urodynamic evaluation, management, and treatment. Inside, you'll find evidence-based assessments of appropriate therapies, along with algorithmic approaches to common complaints, and clear surgical illustrations. Exclusive to the third edition is a section addressing painful and irritative voiding disorders, including overactive bladder, as well as 20 new case presentations that offer opinions from the leading experts in urogynecology and urology. Features step-by-step instructions for urodynamic testing. Addresses all urogynecologic disorders, including genuine stress incontinence · pelvic organ prolapse · defecation disorders · painful and irritative voiding disorders · and specific conditions such as urinary tract infection. Presents vital information on urethral injections, covering the newest treatment options available. Examines the use of autologous materials and mesh in reconstructive pelvic surgery. Uses over 300 crisp illustrations to illuminate every detail. Contains a new section on painful and irritative voiding disorders, including a discussion of overactive bladder and the latest treatment options available. Discusses urodynamics and the most up-to-date testing available for urethral sphincteric function. Features 20 all new case presentations with expert commentary.

HIGH RISK PREGNANCY E-BOOK

MANAGEMENT OPTIONS - EXPERT CONSULT

Elsevier Health Sciences High Risk Pregnancy examines the full range of challenges in general obstetrics, medical complications of pregnancy, prenatal diagnosis, fetal disease, and management of labor and delivery. Drs. David James, Philip J. Steer, Carl P. Weiner, Bernard Gonik, Caroline Crowther, and Stephen Robson present an evidence-based approach to the available management options, equipping you with the most appropriate strategy for each patient. This comprehensive reference features the fully searchable text online at www.expertconsult.com, as well as more than 100 videos of imaging and monitoring, giving you easy access to the resources you need to manage high risk pregnancies. Prepare for clinical challenges and save time in addressing them thanks to expert advice on treatment options from international contributors. Find and apply the information you need quickly and easily through a consistent organization and at-a-glance summary boxes that discuss evidence-based management options. Access the fully searchable text online at www.expertconsult.com, along with links to Medline. View over 140 videos of detailed fetal imaging and monitoring that aid in diagnoses. Tap into recent developments in treatment and management in four new chapters—Global Maternal & Perinatal Health Issues; Recurrent Pregnancy Loss; Surveillance of the Fetus and its Indications; and Training for Obstetric Emergencies. Apply new evidence-based management options to treat genetic and constitutional factors leading to a high-risk pregnancy (such as diabetes, obesity, hypertension, and cardiac disease) through new and expanded coverage of these increasingly common presentations. Reference pregnancy-relevant laboratory values with an updated and comprehensive appendix on "Normal Values in Pregnancy." Effectively manage patients newly diagnosed with hematologic and immunologic malignancies, and explore the available drug options. Confirm your diagnoses with greater confidence thanks to full-color images throughout the text.

LIVING BEYOND YOUR PAIN

USING ACCEPTANCE AND COMMITMENT THERAPY TO EASE CHRONIC PAIN

New Harbinger Publications Using mindfulness-based techniques and cognitive behavioral tools, a leading expert on the use of acceptance and commitment therapy (ACT) teaches readers to transcend the experience of chronic pain by reconnecting with other, more valued aspects of their lives.

CLINICAL APPLICATION OF NEUROMUSCULAR TECHNIQUES, VOLUME 2 E-BOOK

THE LOWER BODY

Elsevier Health Sciences Clinical Application of Neuromuscular Techniques, Volume 2 - The Lower Body discusses the theory and practice of the manual treatment of chronic pain, especially with regards to the soft tissues of the lower body. Authored by experts of international renown, this highly successful book provides a structural review of each region, including ligaments and functional anatomy, and includes step-by-step protocols that address each muscle of a region. The volume now comes with an EVOLVE site for instructors who can download the full text and images for teaching purposes. Provides a comprehensive 'one-stop' volume on the treatment of somatic pain and dysfunction Designed and written to meet the needs of those working with neuromuscular dysfunction in a variety of professions All muscles covered from the perspective of assessment and treatment of myofascial pain Describes normal anatomy and physiology as well as the associated dysfunction Gives indications for treatments and guidance on making the appropriate treatment choice for each patient Combines NMT, MET, PR and much more to give a variety of treatment options for each case Describes the different NMT techniques in relation to the joint anatomy involved Practical step-by-step descriptions provided to make usage easy Includes acupuncture, hydrotherapies and nutritional support as well as guidance for the patient in the use of self-help approaches Contains up-to-date evidence based content Presents the latest research findings underpinning the practice of NMT methodology from differing areas of practice Presents the increasingly refined ways of using the variety of MET methods to allow the reader to safely apply them in a variety of settings

PELVIC FLOOR

Thieme The remarkably complex pelvic floor and its disorders comprise one of the most interesting -- and challenging -- areas of physical therapy. And recently, common problems once considered taboo, such as incontinence, have become mainstream issues. More than ever before, a solid understanding of the structure and function of the manifold problems of the pelvic floor is vital to successful treatment. This groundbreaking work brings together an international team of world-renowned experts in the treatment of urinary and fecal incontinence, as well as sexual dysfunction, to provide a comprehensive guide to the structure and function of the muscles of the pelvic floor. Using concise text and clear illustrations and helpful photographs, the authors present all phenomena associated with pelvic floor dysfunction. The authors begin with a detailed overview of the anatomy and physiology of the pelvic floor, and then discuss all state-of-the-art diagnostic and treatment strategies, from biofeedback and manual therapy to the causes of different types of pain and psychosocial problems. Detailed discussions of the specific issues associated with children, women, and men, as well as with rectal and anal dysfunction, follow. With its thorough coverage, this highly practical text is essential reading for all health care professionals who wish to provide their patients suffering from disorders of the pelvic floor with the best care available.

ENDING PAIN IN PREGNANCY

TRADE SECRETS FOR AN INJURY-FREE CHILDBIRTH, RELIEVING PELVIC GIRDLE PAIN, AND CREATING POWERFUL PELVIC MUSCLES

TEXTBOOK OF FAMILY MEDICINE E-BOOK

Elsevier Health Sciences This text has been admired for as long as Family Medicine has been a recognized specialty. Edited by the legendary Robert E. Rakel, MD, this superb 7th edition continues to break new ground. Includes materials to help hone your clinical skills and prepare for the ABFP boards and SPEX exams. Highlights especially important points of diagnosis and therapy in the "case" section of book. Provides "Best Evidence Recommendations" boxes to promote greater reliability of information. Offers a free CD-rom containing video clips of diabetes testing, stress test and all the illustrations from the book! Contains new chapters on complementary and alternative medicine. Takes a fresh new approach to evidence based medicine in clinical practice. Uses a visually appealing, functional 4-color design and a full-color insert.

EMERGENCY MEDICINE E-BOOK

CLINICAL ESSENTIALS (EXPERT CONSULT -- ONLINE)

Elsevier Health Sciences Emergency Medicine, 2nd Edition delivers all the relevant clinical core concepts you need for practice and certification, all in a comprehensive, easy-to-absorb, and highly visual format. This well-regarded emergency medicine reference offers fast-access diagnosis and treatment guidelines that quickly provide the pearls and secrets of your field, helping you optimize safety, efficiency, and quality in the ED as well as study for the boards. Consult this title on your favorite e-reader with intuitive search tools and adjustable font sizes. Elsevier eBooks provide instant portable access to your entire library, no matter what device you're using or where you're located. Get clear, concise descriptions and evidence-based treatment guidelines for a full range of clinical conditions, ranging from the common to the unusual. Find the information you need quickly with a highly visual format that features hundreds of full-color clinical photographs, illustrations, algorithms, tables, and graphs, plus key information highlighted for fast reference. Consult high-yield text boxes in every chapter for Priority Actions, Facts and Formulas, Documentation, Patient Teaching Tips, Red Flags, and Tips and Tricks. Make the most of your limited time with easy-to-digest blocks of information, consistently presented for clear readability and quick reference. Study efficiently and effectively for the boards, or rapidly consult this title in daily practice, thanks to well-organized chapters, a superb use of images and diagrams, and clinically relevant, easy-to-understand content. Benefit from the knowledge and expertise of renowned educators, dedicated to compiling today's best knowledge in emergency medicine into one highly useful, readable text. Be prepared to manage increasingly prevalent problems seen in the ED, such as emergent complications of fertility treatment and management of patients who have had bariatric surgery. Deliver high-quality care to your younger patients with expanded pediatrics content. Stay up to date with new chapters on Clotting Disorders and Hemophilia, Patient-Centered Care, Health Disparities and Diversity in Emergency Medicine, Cost-Effectiveness Analysis, Antibiotic Recommendations for Empirical Treatment of Selected Infectious Diseases, and Cardiac Emergency Ultrasound: Evaluation for Pericardial Effusion & Cardiac Activity. Access the complete contents of Emergency Medicine online, fully searchable, at www.expertconsult.com, with downloadable images, tables and boxes, and expanded chapters, plus videos demonstrating ultrasound-guided vascular access, sonography for trauma, and more.

CURRENT SURGICAL THERAPY E-BOOK

Elsevier Health Sciences An ideal resource for written, oral, and recertifying board study, as well as an excellent reference for everyday clinical practice, Current Surgical Therapy, 13th Edition, provides trusted, authoritative advice on today's best treatment and management options for general surgery. Residents and practitioners alike appreciate the consistent, highly formatted approach to each topic, as well as the practical, hands-on advice on selecting and implementing current surgical approaches from today's preeminent general surgeons. Provides thoroughly updated information throughout all 263 chapters, including focused revisions to the most in-demand topics such as management of rectal cancer, inguinal hernia, and colon cancer. Presents each topic using the same easy-to-follow format: disease presentation, pathophysiology, diagnostics, and surgical therapy. Includes seven all-new chapters: REBOA in Resuscitation of the Trauma Patient, Treatment of Varicose Veins, Management of Infected Grafts, Radiation for Pancreatic Malignancies, Pneumatosis Intestinalis, Proper Use of Cholecystostomy Tubes, and Pelvic Fractures. Integrates all minimally invasive surgical techniques into relevant chapters where they are now standard management. Discusses which approach to take, how to avoid or minimize complications, and what outcomes to expect. Features full-color images throughout, helping you visualize key steps in each procedure. Helps you achieve better outcomes and ensure faster recovery times for your patients. Provides a quick, efficient review prior to surgery and when preparing for surgical boards and ABSITEs.

FUNDAMENTAL ORTHOPEDIC MANAGEMENT FOR THE PHYSICAL THERAPIST ASSISTANT - E-BOOK

Elsevier Health Sciences Master the PTA's role in orthopedic care — from the examination to treatment planning and interventions! Fundamental Orthopedic Management for the Physical Therapist Assistant, 5th Edition helps you understand and apply the principles of orthopedic science to clinical practice. First you will learn the basics of assessing flexibility, strength, endurance, and balance, and then you'll become a more valuable PTA by learning the essentials of tissue healing, gait and movement, kinesiology, and the management of orthopedic patients by region and condition. This edition reflects the latest, evidence-based practice and adds updates to the Evolve website. Written by clinician and educator Robert Manske, along with a team of expert contributors, this book describes how to work effectively with a supervising physical therapist! Comprehensive coverage addresses not only core concepts related to orthopedic care, but also includes biomechanics, pharmacology, imaging, in-depth reviews of the types of tissue healing, and the PTA's role in physical assessment and interventions. More than 600 illustrations and 75 summary tables reinforce orthopedic concepts and procedures. A focus on critical thinking and application prepares you for the treatment room and for the clinical practicum portions of your PTA program. Important Concepts highlight useful tips to remember in patient practice. Key terms and learning objectives begin each chapter, serving as checkpoints for understanding and helping you study effectively for examinations. Review questions at the end of each chapter prepare you for the kind of critical thinking you will be required to do in practice. Glossaries in each chapter make it easy to find definitions of key terminology. Useful appendices provide a quick reference to information such as commonly used medications, fracture eponyms, and reference ranges for lab tests. NEW! Updated content and references are added throughout the book to reflect changes in practice patterns. NEW! Expanded full-color illustrations add clarity to anatomy and procedural drawings and make it easier to learn important concepts NEW! Updated chapter summaries highlight essential, need-to-know information. NEW! Updated educator and student resources on the Evolve website provide tools to make teaching and learning easier.

THE INTERSTITIAL CYSTITIS SOLUTION

A HOLISTIC PLAN FOR HEALING PAINFUL SYMPTOMS, RESOLVING BLADDER AND PELVIC FLOOR DYSFUNCTION, AND TAKING BACK YOUR LIFE

Fair Winds Press (MA) Take Control of Your Interstitial Cystitis Treatment with this Comprehensive Guide! Interstitial cystitis (IC), also called painful bladder syndrome, is a complex bladder pain condition that can be confusing, frustrating, and debilitating. Successful treatment requires a multidisciplinary approach that often features a combination of medication, physical therapy, dietary and lifestyle changes, alternative medicine, and more. The Interstitial Cystitis Solution has all the information you need, all in one place. It provides scientific reviews and evaluations of potential treatments, along with a helpful treatment plan tailored to your specific symptoms and lifestyle. The information is presented in an accessible way, with real-life examples from the author, who has treated hundreds of patients who have found relief from their symptoms with the holistic treatment plan outlined in this book. This comprehensive guide allows you to take control of your healing and will restore sanity to the insane world of conflicting diagnoses, treatments, and advice.

LIBRARY JOURNAL

Includes, beginning Sept. 15, 1954 (and on the 15th of each month, Sept.-May) a special section: School library journal, ISSN 0000-0035, (called Junior libraries, 1954-May 1961). Also issued separately.

TEXTBOOK OF ADULT EMERGENCY MEDICINE E-BOOK

Elsevier Health Sciences A major postgraduate textbook in emergency medicine, covering all the major topics that present to the trainee doctor in the emergency department. A comprehensive textbook of adult emergency medicine for trainee doctors - covers all the problems likely to present to a trainee in the emergency department. Chapters are short and concise, with key point boxes (called "Essentials") at the beginning. Also has boxes featuring controversial areas of treatment. Practical and clinically orientated. Major changes to resuscitation guidelines. Complete rewriting of ENT section. Significant updating of following topics - acute coronary syndrome management, trauma, sepsis management, imaging, arrhythmias. Expansion of administration section - especially patient safety.

Changes to drug overdose sections in toxicology section.

PRIMARY CARE E-BOOK

A COLLABORATIVE PRACTICE

Elsevier Health Sciences There's no better preparation for Nurse Practitioners and others in the adult primary care field! Primary Care: Interprofessional Collaborative Practice, 6th Edition provides the concise yet thorough information that you need in today's fast-paced, interprofessional, collaborative environment. With authorship reflecting both academic and clinical expertise, this comprehensive, evidence-based primary care text/reference shows you how to deliver effective, truly interdisciplinary health care. It covers every major adult disorder seen in the outpatient office setting and features a unique interprofessional collaborative approach with referral/consultation highlights and more. New to this edition is an increased emphasis on rationales for recommendations, pharmacotherapeutics and drug decision-making, and diagnostic direction providing guidance in management, prescribing medications, and ordering diagnostic tests. Comprehensive, evidence-based, accurate, and current content focused on the needs of adult primary care providers. UNIQUE! Interprofessional collaborative approach with referral/consultation highlights. UNIQUE! Initial Diagnostics boxes provide quick reference to key decision-making content. NEW and UPDATED! Increased emphasis on rationales for treatment recommendations, pharmacotherapeutics and drug decision-making, and diagnostic direction. NEW and UPDATED! Revamped and new introductory chapters: NEW and UNIQUE! Patient/Family Education and Health Literacy chapter. NEW and UNIQUE! New Human Trafficking chapter. NEW chapters covering wellness, risk management, and LGBTQ patient care highlight risks, disparities in healthcare, and information to increase the well-being and care for all patients. Interprofessional Collaborative Practice: Where We Are Today chapter now includes content on the importance of interprofessional collaboration to underscore the significance of this paradigm shift and stress that NPs and other adult primary care providers must increasingly view themselves as part of a team, especially in management of patients with multiple co-morbidities. Translating Research into Clinical Practice chapter refocused to emphasize DNP scholarly projects and quality improvement projects. UNIQUE! Patient/Family Education and Health Literacy chapter. Genetic Considerations in Primary Care chapter refocused on the graduate-level primary care genetics competencies. Palliative Care chapter refocused on pain management with special sensitivity to the opioid epidemic. NEW! Red Flag features highlight issues not to be missed. NEW! Consistent chapter format and features reflect the systematic approach used in adult primary care practice to promote improved clinical reasoning skills, facilitate learning, and foster quick clinical reference. UPDATED! Content on routine health screenings and immunizations converted to tables for quick reference.

MAYES' MIDWIFERY E-BOOK

A TEXTBOOK FOR MIDWIVES

Elsevier Health Sciences Mayes' Midwifery, an established key textbook for students and qualified midwives, contains essential knowledge for professional practice. For this 14th edition, each section and chapter has been fully updated and enhanced by leading authors to ensure the text complies with contemporary practice and current guidelines. Added benefits are the availability of a variety of additional online resources for each chapter, including case studies, video and website links, and a bank of multiple-choice questions to test knowledge. With a strong emphasis on normal birth, the book covers the spectrum of midwifery-related topics applied to practice, providing a foundation of knowledge, and encouraging independent thought through the use of reflective exercises in each chapter and online. The book provides midwives with material that meets individual ways of learning and supports current modes of midwifery education. Mayes' Midwifery is the text for initial preparation and for ongoing midwifery practice. New chapters on essential contemporary issues: Vulnerable women Perspectives on the future of midwifery, in a global context Evidence-based information to guide best practice Learning outcomes and Key Points in all chapters Reflective activities Now with an integrated website offering additional resources and material including: Multiple-choice questions for self-testing Case studies Reflective activities to consolidate your professional development Useful additional reading, resources and weblinks Expanded topics Downloadable materials including illustrations

THE FEMALE PELVIC FLOOR

FUNCTION, DYSFUNCTION AND MANAGEMENT ACCORDING TO THE INTEGRAL THEORY

Springer Science & Business Media The initial objective of this work was to reduce stress incontinence surgery from a major surgical procedure (requiring up to ten days in hospital) to a minor day-care operation. From the beginning it was clear that the two major impediments to achieving this goal were post operative pain and urinary retention. Addressing these problems became a long and winding road and culminated in the Integral Theory. The IVS 'tension-free' tape operation was inspired by Dr Robert Zacharin's anatomical studies. Though Zacharin suggested that the ligaments and muscles around the urethra were important for urinary continence control, he did not say how. The observation that implanted foreign materials created scar tissue led to the hypothesis that a plastic tape inserted in the position of the pubourethral ligament, would leave behind sufficient scar tissue to reinforce that ligament, which would then anchor the muscles for urethral closure. In September 1986, two prototype Intravaginal Sling operations were performed. A Mersilene tape was inserted with neither tension nor elevation, in the position of the pubourethral ligament. Restoration of continence was immediate and both patients were discharged on the day following surgery without requirement for catheterization. There was minimal pain, and immediate restoration of continence. After six weeks the tapes were removed. Both patients were still continent at last review 10 years later. The results appeared to confirm the importance of a midurethral anchoring point.

OBSTETRICS: NORMAL AND PROBLEM PREGNANCIES E-BOOK

Elsevier Health Sciences Highly readable, well illustrated, and easy to understand, Obstetrics: Normal and Problem Pregnancies remains your go-to choice for authoritative guidance on managing today's obstetric patient. Reflecting the expertise of internationally recognized authorities, this bestselling obstetrics reference has been thoroughly revised to bring you up to date on everything from ultrasound assessment of fetal anatomy and growth, to medical complications in pregnancy, to fetal therapy...and much more! Consult this title on your favorite e-reader with intuitive search tools and adjustable font sizes. Elsevier eBooks provide instant portable access to your entire library, no matter what device you're using or where you're located. Benefit from the knowledge and experience of international experts in obstetrics. Gain a new perspective on a wide range of today's key issues - all evidence based and easy to read. Stay current with new coverage of fetal origins of adult disease, evidence-based medicine, quality assessment, nutrition, and global obstetric practices. Find the information you need quickly with bolded key statements, additional tables, flow diagrams, and bulleted lists for easy reference. Zero in on "Key Points" in every chapter - now made more useful than ever with the inclusion of related statistics. View new ultrasound nomograms in the Normal Values in Pregnancy appendix.

FOUNDATIONS OF MATERNAL-NEWBORN AND WOMEN'S HEALTH NURSING - E-BOOK

Elsevier Health Sciences With easy-to-read coverage of nursing care for women and newborns, Foundations of Maternal-Newborn & Women's Health Nursing, 6th Edition shows how to provide safe, competent care in the clinical setting. Evidence-based guidelines and step-by-step instructions for assessments and interventions help you quickly master key skills and techniques. Also emphasized is the importance of understanding family, communication, culture, client teaching, and clinical decision making. Written by specialists in maternity nursing, Sharon Smith Murray and Emily Slone McKinney, this text reflects the latest QSEN competencies, and the accompanying Evolve website includes review questions to prepare you for the NCLEX® exam! Nursing Care Plans help you apply the nursing process to clinical situations. Procedure boxes provide clear instructions for performing common maternity skills, with rationales for each step. UNIQUE! Therapeutic Communications boxes present realistic nurse-patient dialogues, identifying communication techniques and showing to respond when encountering communication blocks. Communication Cues offer tips for interpreting patients' and families' verbal and nonverbal communication. Critical Thinking exercises focus on clinical situations designed to test your skills in prioritizing and critical thinking. Updated drug guides list important indications, adverse reactions, and nursing considerations for the most commonly used medications. Check Your Reading helps you assess your mastery of key content. Critical to Remember boxes highlight and summarize need-to-know information. Want to Know boxes provide guidelines for successful client education. Glossary provides definitions of all key terms. NEW! Safety Alerts help you develop competencies related to QSEN and safe nursing practice. NEW! Unfolding case studies help you apply what you've learned to practice. UPDATED Evidence-Based Practice boxes highlight the latest research and the most current QSEN (Quality and Safety Education for Nurses) practice guidelines for quality care. UPDATED content includes the late preterm infant, fetal heart rate pattern identification, obesity in the pregnant woman, and the QSEN competencies.

MATERNAL CHILD NURSING CARE - E-BOOK

Elsevier Health Sciences Get the accurate, practical information you need to succeed in the classroom, the clinical setting, and on the NCLEX-RN® examination. Written by the foremost experts in maternity and pediatric nursing, the user-friendly Maternal Child Nursing Care, 6th Edition provides both instructors and students with just the right amount of maternity and pediatric content. This new edition includes updated case studies within Nursing Care Plans, as well as a new chapter on pediatric cancer. Focus on the family throughout emphasizes the influence of the entire family in health and illness. Focus on the family throughout emphasizes the influence of the entire family in health and illness. Expert authors of the market-leading maternity and pediatric nursing textbooks combine to ensure delivery of the most accurate, up-to-date content. Critical thinking case studies offer you opportunities to test and develop your analytical skills and apply knowledge in various settings. Nursing Care Plans include rationales for interventions and provide you with an overview and specific guidelines for delivering effective nursing care. Nursing Alerts highlight critical information that you need to know when treating patients. Guidelines boxes outline nursing procedures in an easy-to-follow format. Emergency boxes in the maternity unit guide you through step-by-step emergency procedures. Home Care boxes detail important information that you need to deliver care to patients and families in the home setting. Atraumatic Care boxes in the pediatric unit teach you how to provide competent and effective care to pediatric patients with the least amount of physical or psychological stress. Community Focus boxes emphasize community issues, provide resources and guidance, and illustrate nursing care in a variety of settings. Patient Teaching boxes in the maternity unit highlight important information nurses need to communicate to patients and families. Cultural Competence boxes equip you with the knowledge you need to deliver culturally competent care. Family-Centered Care boxes draw attention to the needs or concerns of families that you should consider to provide family-centered care. Medication Guides serve as an important reference of drugs and their interactions.

FOUNDATIONS AND ADULT HEALTH NURSING E-BOOK

Elsevier Health Sciences Learn the skills essential to clinical practice with Foundations and Adult Health Nursing, 8th Edition! This all-inclusive guide to fundamentals and medical-surgical nursing for the LPN/LVN covers everything from anatomy and physiology to nursing interventions and maternity, neonatal, pediatric, geriatric, mental health, and community health care. Guidelines for patient care are presented within the framework of the nursing process; Nursing Care Plans are described within a case-study format to help you develop skills in clinical decision-making. In addition, the accessible, friendly overall style and clearly written review questions helps you to prepare for the NCLEX-PN® examination. Clear coverage of skills across the human lifespan includes maternity, pediatrics, adults, and older adults. Full-color, step-by-step instructions for over 110 skills show nursing techniques and procedures along with rationales for each. Tenth grade reading level helps you to understand complex topics. Skills are presented in a step-by-step format with clearly defined nursing actions and rationales. Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration. Safety Alerts cover issues related to safe patient care in a variety of settings. Health Promotion Considerations boxes highlight information on wellness and disease prevention, including infection control, diet, and pregnancy. Nursing Care Plans emphasize patient goals and outcomes within a case-study format, and promotes clinical decision-making with critical thinking questions at the end of each care plan. Patient Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members. Communication boxes illustrate communication strategies using real-life examples of nurse-patient dialogue. Lifespan Consideration boxes provide you with age-specific information for the care of the patient. Home Health Considerations boxes discuss issues facing patients and their caregivers in the home setting. Get Ready for the NCLEX® Examination section at the end of each chapter provides Key Points, Review Questions, and Critical Thinking Activities to reinforce learning. Coordinated Care boxes promote comprehensive patient care with other members of the health care team, focusing on prioritization, assignment, supervision, collaboration, delegation, and leadership topics.

RESTORING THE PELVIC FLOOR

HOW KEGEL EXERCISES, VAGINAL TRAINING, AND RELAXATION, SOLVE INCONTINENCE, CONSTIPATION, AND HEAL PELVIC PAIN TO AVOID SURGERY

Amanda Olson DPT This book is for any woman who has avoided the trampoline or yoga class for fear of urinary incontinence or pelvic organ prolapse. If you have pelvic pain, dyspareunia, vaginismus, vestibulodynia, vulvodynia, lichen sclerosis, endometriosis, androgen insensitivity syndrome (AIS), MRKH, or tailbone pain (coccydynia), this book is for you. If you suffer from constipation, urinary urgency, urinary frequency, or overactive bladder, this book is also for you. This book quickly and easily teaches you how to manage conditions related to the pelvic floor, bladder, uterus, and bowel directly from a certified pelvic floor physical therapist who regularly treats women just like you in her clinic. With a tasteful sense of humor, and compassion, Dr. Olson explains how to cure urinary incontinence and pelvic organ prolapse using different types of Kegels. If you're prone to urinary urgency, you'll learn which foods to avoid. Constipated? Dr. Olson will teach you how to solve it. The pelvic floor muscles are a vital system of muscles that support the pelvic organs (bladder, uterus, and rectum). These muscles can be too weak, too tight, or have poor coordination that can lead to issues with urination, defecation, pelvic pain, and intercourse. The good news is that these issues are solvable with natural remedies. Furthermore, learn how a pelvic physical therapist in your area can provide additional one on one help and specific kinds of treatment to address women's health issues. Chapters include: 1. Introduction to the Pelvic Floor, Organs, Kegels and Women's Health 2. Urinary Incontinence: Why Do I Pee When I Sneeze? 3. Urinary Frequency and Urgency: Why Do I Have to Pee Every Time I Turn Around? 4. Bladder Irritants: Why What You Eat and Drink Can Be Irritating 5. Pelvic Organ Prolapse: Why It Feels Like Your Organs are Falling Out of Your Body 6. Kegels, Pelvic Floor and Core Strengthening 7. Constipation 8. Pelvic Pain 9. The Importance of Breathing 10. To Infinity and Beyond: Thoughts on Women's Health for the Future If you are trying to find a natural way of curing common women's health issues and avoid surgery, this book is for you. Find out how breathing, down training the pelvic floor, vaginal dilator training and specific pelvic exercises can help with pelvic pain. Pelvic floor exercise for beginners and more advanced kegel exercises for progression are demonstrated, and most importantly which exercises are most beneficial to women's health. Curious about kegel exercise products, such as which kegel balls for beginners are best? Dr. Olson has you covered. She also explains which kegel trainer and pelvic floor strengthening devices for women are best to help you achieve your goals. Chapter 6 discusses abs, core, and pelvic floor while chapter 8 helps you heal pelvic pain. Chapters end with real world, anonymous examples of patients Dr. Olson has healed with the techniques found in this book. If you have issues related to pelvic floor dysfunction, this pelvic floor book will teach you the pelvic floor therapy necessary to feel results.

PELVIC FLOOR DISORDERS

BoD - Books on Demand Pelvic floor disorders, which include urinary and fecal incontinence and pelvic organ prolapse, are highly prevalent conditions in women. In the United States alone, this affects almost 25% of women. These disorders often affect women's daily life activities, their sexual function, their ability to exercise, and their social and psychological life. Pelvic floor disorders are usually diagnosed clinically, but in complicated cases, pelvic imaging and electromyographic studies may be required. This book attempts to discuss the pathophysiology of pelvic floor disorders, its treatment by the use of a new synthetic material, and treatment for recurrent POP. Although there are many books available on this topic, it includes some of the original research work and surgical innovation. We would like to acknowledge all the authors for their hard work in completing this book.

TIETZ FUNDAMENTALS OF CLINICAL CHEMISTRY AND MOLECULAR DIAGNOSTICS - E-BOOK

Elsevier Health Sciences Get the foundational knowledge you need to successfully work in a real-world, clinical lab with Tietz Fundamentals of Clinical Chemistry and Molecular Diagnostics, 8th Edition. From highly respected clinical chemistry expert Nader Rifai, this condensed, easier-to-understand version of the acclaimed Tietz Textbook of Clinical Chemistry and Molecular Diagnostics uses a laboratory perspective to guide you through selecting and performing diagnostic lab tests and accurately evaluating the results. Coverage includes laboratory principles, analytical techniques, instrumentation, analytes, pathophysiology, and more. This eighth edition features new clinical cases from The Coakley Collection, new questions from The Deacon's Challenge of Biochemical Calculations Collection, plus new content throughout the text to ensure you stay ahead of all the latest techniques, instrumentation, and technologies. Condensed version of the clinical chemistry "bible" offers the same authoritative and well-presented content in a much more focused and streamlined manner. Coverage of analytical techniques and instrumentation includes optical techniques, electrochemistry, electrophoresis, chromatography, mass spectrometry, enzymology, immunochemical techniques, microchips, automation, and point of care testing. Updated chapters on molecular diagnostics cover the principles of molecular biology, nucleic acid techniques and applications, and genomes and nucleic acid alterations, reflecting the changes in this rapidly evolving field. Learning objectives, key words, and review questions are included in each chapter to support learning. More than 500 illustrations plus easy-to-read tables help readers better understand and remember key concepts. NEW! Clinical Cases from The Coakley Collection use real-life scenarios to demonstrate how concepts from the text will come in to play in real life practice. NEW! Questions from The Deacon's Challenge of Biochemical Calculations Collection help reinforce concepts and help readers' critical thinking skills. NEW! Updated content throughout the text keeps readers up to date on the latest techniques, instrumentation, and technologies. NEW! New lead author Nader Rifai lends his expertise as the Director of Clinical Chemistry at Children's Hospital in Boston, the Editor-in-Chief of the journal Clinical Chemistry, and a Professor of Pathology at Harvard University.

GOODMAN AND SNYDER'S DIFFERENTIAL DIAGNOSIS FOR PHYSICAL THERAPISTS - E-BOOK

SCREENING FOR REFERRAL

Elsevier Health Sciences Learn how to screen for systemic and medical conditions, and when to make a physician referral! Goodman and Snyder's Differential Diagnosis for Physical Therapists, 7th Edition helps you identify the signs and symptoms of systemic disease that can mimic neuromusculoskeletal conditions. A step-by-step approach includes the screening tools you need to make an accurate differential diagnosis, describing both red flags and yellow flags as well as risk factors. This edition includes a new Screening for Neurologic Conditions chapter. From an expert team of contributors led by PT educators John Heick and Rolando Lazaro, this guide makes it easier to determine whether to treat or to refer! **UNIQUE!** Five-step screening model is systems- and symptoms-based, and follows the standards for competency established by the American Physical Therapy Association, covering past medical history, risk factor assessment, clinical presentation, associated signs and symptoms, and review of symptoms. **UNIQUE!** Case studies are based on clinical experience and give real-world examples of how to integrate screening information into the diagnostic process and when to treat or refer. Evidence for the screening process is based on peer-reviewed literature, reporting on the sensitivity, specificity, and likelihood ratios of yellow (cautionary) and red (warning) flags. Quick-reference summaries include tables, boxes, follow-up questions, clinical signs and symptoms, and case examples. Key Points to Remember boxes at the end of each chapter provide quick, bulleted summaries of critical information. Practice Questions allow you to check your understanding of concepts presented in the chapters. Laboratory tests and values relating to physical therapist practice are presented in the inside front and back covers of the text for quick reference. Screening tools and checklists are available in the book and on the Evolve website, and are downloadable and printable for use in the clinic. **NEW!** Revised content throughout the book provides the most current information for effective practice, and includes updated references as well as a discussion of pain mechanisms. **NEW** Screening for Neurologic Conditions chapter focuses on conditions that require immediate referral when the neurologic condition is in the prodromal stage and have not yet been diagnosed by a medical professional. **NEW!** Updated screening tools include Optimal Screening for Prediction of Referral and Outcome Yellow Flag (OSPRO-YF) and Optimal Screening for Prediction of Referral and Outcome Review of Systems (OSPRO-ROS). **NEW!** Enhanced eBook version is included with every print purchase, allowing access to all of the text, images, and references from the book on a variety of devices. **NEW!** Updated appendices include screening tools and checklists, available in the eBook.

SOLVING THE MYSTERY OF THE PELVIC ROTATOR CUFF IN HUMAN FUNCTION AND MOVEMENT

BACK PAIN, BALANCE, BLADDER AND BOWEL HEALTH: BACK PAIN, BALANCE, BLADDER AND BOWEL HEALTH

The Pelvic Rotator Cuff is recognized for its importance in lumbo-sacral and sacroiliac stability, standing balance and walking and bladder and bowel control. This seminal book describes the Pelvic Rotator Cuff muscle system, its composition, action and importance in everyday function. Pelvic Rotator Cuff muscle system dysfunction and rehabilitation is described through illustrations and 3-D animation.

MATERNAL CHILD NURSING CARE IN CANADA - E-BOOK

Elsevier Health Sciences Featuring the most accurate, current, and clinically relevant information available, Maternal Child Nursing Care in Canada, 2nd Edition, combines essential maternity and pediatric nursing information in one text. The promotion of wellness and the care for women experiencing common health concerns throughout the lifespan, care in childbearing, as well as the health care of children and child development in the context of the family. Health problems including physiological dysfunctions and children with special needs and illnesses are also featured. This text provides a family-centred care approach that recognizes the importance of collaboration with families when providing care. Atraumatic Care boxes in the pediatric unit teach you how to provide competent and effective care to pediatric patients with the least amount of physical or psychological stress. Nursing Alerts point students to critical information that must be considered in providing care. Community Focus boxes emphasize community issues, supply resources and guidance, and illustrate nursing care in a variety of settings. Critical thinking case studies offer opportunities to test and develop analytical skills and apply knowledge in various settings. Emergency boxes guide you through step-by-step emergency procedures. Family-Centred Teaching boxes highlight the needs or concerns of families that you should consider to provide family-centred care. **NEW!** Content updates throughout the text give you the latest information on topics such as perinatal standards, mental health issues during pregnancy, developmental and neurological issues in pediatrics, new guidelines including SOGC, and CAPWHN, **NEW!** Increased coverage on health care in the LGBTQ community and First Nations, Metis, and Inuit population **NEW!** Medication Alerts stress medication safety concerns for better therapeutic management. **NEW!** Safety Alerts highlighted and integrated within the content draw attention to developing competencies related to safe nursing practice.