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KEY=JOHNS - SARAI CARLEE

Digital Contact Tracing for Pandemic Response

Ethics and Governance Guidance

Johns Hopkins University Press Contributors: Joseph Ali, JD; Anne Barnhill, PhD; Anita Cicero, JD; Katelyn Esmonde, PhD; Amelia Hood, MA; Brian Hutler, PhD, JD; Jeffrey P. Kahn, PhD, MPH; Alan Regenberg, MBE; Crystal Watson, DrPH, MPH; Matthew Watson; Robert Califf, MD, MACC; Ruth Faden, PhD, MPH; Divya Hosangadi, MSPH; Nancy Kass, ScD; Alain Labrique, PhD, MHS, MS; Deven McGraw, JD, MPH, LLM; Michelle Mello, JD, PhD; Michael Parker, BEd (Hons), MA, PhD; Stephen Ruckman, JD, MSc, MAR; Lainie Rutkow, JD, MPH, PhD; Josh Sharfstein, MD; Jeremy Sugarman, MD, MPH, MA; Eric Toner, MD; Mar Trotochaud, MSPH; Effy Vayena, PhD; Tal Zarsky, JSD, LLM, LLB

COVID-19 and World Order

The Future of Conflict, Competition, and Cooperation

Johns Hopkins University Press Kissinger Center for Global Affairs, Johns Hopkins University Press is pleased to donate funds to the Maryland Food Bank, in support of the university's food distribution efforts in East Baltimore during this period of food insecurity due to COVID-19 pandemic hardships.

Blue Marble Health

An Innovative Plan to Fight Diseases of the Poor Amid Wealth

JHU Press In 2011, Dr. Peter J. Hotez relocated to Houston to launch Baylor's National School of Tropical Medicine. He was shocked to discover that a number of neglected diseases often associated with developing countries were widespread in impoverished Texas communities. Despite the United States' economic prowess and first-world status, an estimated 12 million Americans living at the poverty level currently suffer from at least one neglected tropical disease, or NTD. Hotez concluded that the world's neglected diseases—which include tuberculosis, hookworm infection, lymphatic filariasis, Chagas disease, and leishmaniasis—are born first and foremost of extreme poverty. In this book, Hotez describes a new global paradigm known as "blue marble health," through which he asserts that poor people living in wealthy countries account for most of the world's poverty-related illness. He explores the current state of neglected diseases in such disparate countries as Mexico, South Korea, Argentina, Australia, the United States, Japan, and Nigeria. By crafting public policy and relying on global partnerships to control or eliminate some of the world's worst poverty-related illnesses, Hotez believes, it is possible to eliminate life-threatening disease while at the same time creating unprecedented opportunities for science and diplomacy. Clear, compassionate, and timely, *Blue Marble Health* is a must-read

for leaders in global health, tropical medicine, and international development, along with anyone committed to helping the millions of people who are caught in the desperate cycle of poverty and disease.

Lazy, Crazy, and Disgusting

Stigma and the Undoing of Global Health

Johns Hopkins University Press Drawing on the authors' keen observations and decades of fieldwork, *Lazy, Crazy, and Disgusting* combines a wide array of ethnographic evidence from around the globe to demonstrate conclusively how stigma undermines global health's basic goals to create both health and justice.

Mental Health Issues and the University Student

JHU Press Young adults enter college with many challenges—complicated family dynamics, identity issues, and extreme pressure to succeed, among others. Students may also have mental health difficulties, ranging from adjustment disorders to mood disorders, and growing numbers of them are seeking help on campus. But these students are also resilient and eager to learn, stepping onto campus with hope for a new and better phase of life. Doris Iarovici, a psychiatrist at Duke University Counseling and Psychological Services, sees in college and university mental health services an opportunity for mental health professionals to bring about positive change with young people during a crucial period of their development. Dr. Iarovici describes the current college mental health crisis and narrates how college mental health services have evolved along with changes in student populations. She discusses students' lifestyle problems and psychiatric concerns, using case vignettes to explore a variety of interventions. Included are discussions of substance abuse, relationship difficulties, eating disorders, depression and anxiety, and culture clashes. Problems uniquely addressed in this book include sleep disturbances and perfectionism. An essential component of the volume is a guide to making emergency assessments, from risk classification and hospitalization to public safety and communication within and outside the campus community.

Living with Rheumatoid Arthritis

Purchased as part of an Ontario Trillium Foundation Grant.

Managing Your Depression

What You Can Do to Feel Better

JHU Press A concise, practical guide to managing mood disorders for anyone suffering from these debilitating conditions. As a physician who personally suffers from depression, Susan J. Noonan draws on her own expertise and empathy to create a guide for people who suffer from the disease. Explaining the basics of mental health—including sleep hygiene, diet and nutrition, exercise, routine and structure, and avoiding isolation—*Managing Your Depression* empowers people to participate in their own care, offering them a better chance of getting, and staying, well. Noonan's depression management strategies draw on the best available educational resources, psychoeducational programs, seminars, expert health care providers, and patient experiences. The book is specifically designed to be highly readable for people who are finding it difficult to focus and concentrate during an episode of depression. Cognitive exercises and daily worksheets help track progress and response to therapy and provide valuable information for making treatment decisions. A relapsing and remitting condition, depression affects nearly 15 percent of people in the United States. *Managing Your Depression* will bring depression management strategies to people who do not have access to mental health programs or who want to learn new skills.

Better But Not Well

Mental Health Policy in the United States Since 1950

JHU Press *The past half-century has been marked by major changes in the treatment of mental illness: important advances in understanding mental illnesses, increases in spending on mental health care and support of people with mental illnesses, and the availability of new medications that are easier for the patient to tolerate. Although these changes have made things better for those who have mental illness, they are not quite enough. In *Better But Not Well*, Richard G. Frank and Sherry A. Glied examine the well-being of people with mental illness in the United States over the past fifty years, addressing issues such as economics, treatment, standards of living, rights, and stigma. Marshaling a range of new empirical evidence, they first argue that people with mental illness—severe and persistent disorders as well as less serious mental health conditions—are faring better today than in the past. Improvements have come about for unheralded and unexpected reasons. Rather than being a result of more effective mental health treatments, progress has come from the growth of private health insurance and of mainstream social programs—such as Medicaid, Supplemental Security Income, housing vouchers, and food stamps—and the development of new treatments that are easier for patients to tolerate and for physicians to manage. The authors remind us that, despite the progress that has been made, this disadvantaged group remains worse off than most others in society. The "mainstreaming" of persons with mental illness has left a policy void, where governmental institutions responsible for meeting the needs of mental health patients lack resources and programmatic authority. To fill this void, Frank and Glied suggest that institutional resources be applied systematically and routinely to examine and address how federal and state programs affect the well-being of people with mental illness.*

Africa and Global Health Governance

Domestic Politics and International Structures

JHU Press *Global health campaigns, development aid programs, and disaster relief groups have been criticized for falling into colonialist patterns, running roughshod over the local structure and authority of the countries in which they work. Far from powerless, however, African states play complex roles in health policy design and implementation. In *Africa and Global Health Governance*, Amy S. Patterson focuses on AIDS, the 2014–2015 Ebola outbreak, and noncommunicable diseases to demonstrate why and how African states accept, challenge, or remain ambivalent toward global health policies, structures, and norms. Employing in-depth analysis of media reports and global health data, Patterson also relies on interviews and focus-group discussions to give voice to the various agents operating within African health care systems, including donor representatives, state officials, NGOs, community-based groups, health activists, and patients. Showing the variety within broader patterns, this clearly written book demonstrates that Africa's role in global health governance is dynamic and not without agency. Patterson shows how, for example, African leaders engage with international groups, attempting to maintain their own leadership while securing the aid their people need. Her findings will benefit health and development practitioners, scholars, and students of global health governance and African politics.*

Before and After Loss

A Neurologist's Perspective on Loss, Grief, and Our Brain

Johns Hopkins University Press *Combining the science of emotional trauma with concrete psychological techniques— including dream interpretation, journaling, mindfulness exercises, and meditation—Shulman's frank and empathetic account will help readers regain their emotional balance by navigating the passage from profound sorrow to healing and growth.*

The Foot Book

A Complete Guide to Healthy Feet

JHU Press *The Foot Book is an all-inclusive resource for everyone suffering from foot and ankle disorders, as well as physicians and other medical personnel who care for them.*

Anxiety

A Short History

JHU Press *As Horwitz explores the history and multiple identities of anxiety—melancholia, nerves, neuroses, phobias, and so on—it becomes clear that every age has had its own anxieties and that culture plays a role in shaping how anxiety is expressed.*

Johns Hopkins Internal Medicine Board Review E-Book

Certification and Recertification

Elsevier Health Sciences *Don't gamble on the most important exam of your career... ace the boards with The Johns Hopkins Internal Medicine Board Review! Brought to you from the birthplace of Internal Medicine and regarded as the most effective review tool in the specialty, it will ensure you're as equipped as possible on your way to certification or recertification. From internists to primary care physicians, this no-nonsense book is a must-have companion for everyone in the field. Respected experts summarize just the imperative information you need to know for certification or recertification. Comprehensive review text, bolded key information, and helpful tables and algorithms equip you with all the core knowledge you need. Exam-taking tips and tricks allow you to go into the exam with confidence. Features full-color clinical images covering all the image types you'll see on the boards, including x-rays, common skin findings, peripheral blood smears, ophthalmology findings, and CT and MR images.*

The Lupus Encyclopedia

A Comprehensive Guide for Patients and Families

JHU Press *Offers information on the symptoms, diagnosis, medications, side effects, alternative treatments of lupus along with advice on coping with lupus.*

A Patient's Guide to Heart Rhythm Problems

JHU Press *A Patient's Guide to Heart Rhythm Problems will help readers understand; how the heart works and what can go wrong; the tests and other diagnostic procedures they may undergo; how their doctor reaches a diagnosis; what their diagnosis means; how their doctor might treat the problem; when medication alone is sufficient treatment; when pacemaker, defibrillator, or biventricular therapy is appropriate; how to get the best possible medical care—in and out of the hospital. Endorsed by the Sudden Cardiac Arrest Association, this essential resource features tables highlighting key information, as well as patient narratives that provide personal insight into arrhythmia tests, treatments, and technologies.*

Living with Itch

A Patient's Guide

JHU Press Patient and parent narratives illustrate how people cope with itch and how, with medical and social support, itch can be managed.

Wounded Planet

How Declining Biodiversity Endangers Health and How Bioethics Can Help

Johns Hopkins University Press Going beyond an individualized perspective, he poses audacious questions: What does it mean that patients are poor or uninsured and cannot afford suggested medicines? How can we deal with the air and water pollution that are producing a patient's illness? How do we respond to patients complaining about the safety and quality of drinking water in their neighborhood? Touching on infectious and noncommunicable diseases, as well as food, medicine, and water, *Wounded Planet* transcends the limited vision of mainstream bioethics to compassionately reveal how healthcare and medicine must take a broad perspective that includes the social and environmental conditions in which individuals live.

The Ear Book

A Complete Guide to Ear Disorders and Health

Johns Hopkins University Press Balkany and Brown address such common questions as: Can dizziness be cured? How loud is too loud? Why do my ears ring? Do cochlear implants work for nerve deafness? What promise do innovations in gene therapy and stem cell therapy hold for the future? Fully illustrated and including helpful tables, hearing preservation tips, a glossary of terms, lists of ear medications and resources, and suggestions for further reading, *The Ear Book* is sure to be a welcome family guide.

Academia Next

The Futures of Higher Education

Johns Hopkins University Press An unusually multifaceted approach to American higher education that views institutions as complex organisms, *Academia Next* offers a fresh perspective on the emerging colleges and universities of today and tomorrow.

Uterine Fibroids

The Complete Guide

Johns Hopkins University Press Providing the most reliable and up-to-date information on this very common and difficult disorder, she helps women understand uterine fibroids and make the best possible choices about their care.

Regulating Gun Sales

An Excerpt from Reducing Gun Violence in America, Informing Policy with Evidence and Analysis

Johns Hopkins University Press+ORM *This excerpt from the “masterful, timely, data-driven” study of the gun control debate examines the potential of stronger purchasing laws (Choice). As the debate on gun control continues, evidence-based research is needed to answer a crucial question: How do we reduce gun violence? One of the biggest gun policy reforms under consideration is the regulation of firearm sales and stopping the diversion of guns to criminals. This selection from the major anthology of studies Reducing Gun Violence in America presents compelling evidence that stronger purchasing laws and better enforcement of these laws result in lower gun violence. Additional material for this edition includes an introduction by Michael R. Bloomberg and Consensus Recommendations for Reforms to Federal Gun Policies from the Johns Hopkins University.*

Life and Death in Rikers Island

Johns Hopkins University Press *This revelatory and groundbreaking book concludes with the author's analysis of the case for closing Rikers Island jails and his advice on how to do it for the good of the incarcerated.*

Universal Healthcare

Infobase Publishing *Provides divergent views on the issue of universal healthcare, weighing personal choice against public opinion.*

A History of Global Health

Interventions Into the Lives of Other Peoples

JHU Press *Over the past century, hundreds of billions of dollars have been invested in programs aimed at improving health on a global scale. Given the enormous scale and complexity of these lifesaving operations, why do millions of people in low-income countries continue to live without access to basic health services, sanitation, or clean water? And why are deadly diseases like Ebola able to spread so quickly among populations? In A History of Global Health, Randall M. Packard argues that global-health initiatives have saved millions of lives but have had limited impact on the overall health of people living in underdeveloped areas, where health-care workers are poorly paid, infrastructure and basic supplies such as disposable gloves, syringes, and bandages are lacking, and little effort has been made to address the underlying social and economic determinants of ill health. Global-health campaigns have relied on the application of biomedical technologies—vaccines, insecticide-treated nets, vitamin A capsules—to attack specific health problems but have failed to invest in building lasting infrastructure for managing the ongoing health problems of local populations. Designed to be read and taught, the book offers a critical historical view, providing historians, policy makers, researchers, program managers, and students with an essential new perspective on the formation and implementation of global-health policies and practices.*

Weight Loss for Life

The Proven Plan for Success

JHU Press *Weight Loss for Life is the guide to the science and art of achieving and maintaining a healthful weight.*

Mosquitoes of the World

Johns Hopkins University Press *The most complete reference work on mosquitoes ever produced, Mosquitoes of the World is an unmatched resource for entomologists, public health professionals, epidemiologists, and reference libraries.*

Caring for Children Who Have Severe Neurological Impairment

A Life with Grace

JHU Press *Global impairment of the central nervous system, whether stable or progressive, is often called severe neurological impairment (SNI). A child who has SNI will be cared for both by specialist clinicians and by parents at home. A parent is a child's best expert and advocate, and many parents become highly skilled in managing their child's care. This guide provides information to help parents increase their knowledge and improve their caregiving skills. In Caring for Children Who Have Severe Neurological Impairment, Dr. Julie M. Hauer advocates shared decision making between family caregivers and healthcare providers. She details aspects of medical care such as pain, sleep, feeding, and respiratory problems that will be particularly useful to parents. Tables and key points summarize discussions for clear, quick reference, while case studies and stories illustrate how different families approach decision making, communication, care plans, and informed consent. Parents and other caregivers will find this book to be indispensable—as will bioethicists and clinicians in pediatrics, neurology, physical and rehabilitative medicine, palliative care, and others who care for children with neurological and neuromuscular disorders. Dr. Hauer offers hope and practical coping strategies in equal measure.*

Introduction to Health Care Delivery (book)

Jones & Bartlett Publishers *Introduction to Health Care Delivery: A Primer for Pharmacists, Fifth Edition provides students with a current and comprehensive overview of the U.S. health care delivery system from the perspective of the pharmacy profession. Each thoroughly updated chapter of this best-selling text includes real-world case studies, learning objectives, chapter review questions, questions for further discussion, and updated key topics and terms. New and expanded topics include public health, pharmacoepidemiology, cultural competence, and leadership. Patient-Provider dialogues are also included to help students apply key concepts. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.*

The 36-Hour Day

A Family Guide to Caring for People Who Have Alzheimer Disease and Other Dementias

JHU Press *The 36-Hour Day is the definitive dementia care guide.*

Handbook for Health Care Ethics Committees

JHU Press *The Joint Commission (TJC) accredits and certifies more than 19,000 health care organizations in the United States, including hospitals, nursing homes, and home care agencies. Each organization must have a standing health care ethics committee to maintain its status. These interdisciplinary committees are composed of physicians, nurses, attorneys, ethicists, administrators, and interested citizens. Their main function is to review and provide resolutions for specific, individual patient care problems. Many of these committees are well meaning but may lack the information, experience, skills, and formal background in bioethics needed to adequately negotiate the complex ethical issues that arise in clinical and organizational settings. Handbook for Health Care Ethics Committees was the first book of its kind to address the myriad responsibilities faced by ethics committees, including education, case consultation, and policy development. Adopting an accessible tone and using a case study format, the authors explore serious issues involving informed consent and refusal, decision making and decisional capacity, truth telling, the end of life, palliative care, justice in and access to health care services, and organizational ethics. The authors have thoroughly updated the content and expanded their focus in the second edition to include ethics committees in other clinical settings, such as long-term care facilities, small community hospitals, rehabilitation centers, and hospices. They have added three new chapters that address reproduction, disability, and the special needs of the elder population, and they provide additional specialized policies and procedures on the book's website. This guide is an essential resource for all health care ethics committee members.*

The Johns Hopkins Guide to Psychological First Aid

JHU Press *A unifying case exemplifies each phase of the RAPID PFA model in an ongoing dialogue that presents ideal PFA responses, examples of common mistakes, and various outcomes.*

Bipolar Disorder

A Guide for You and Your Loved Ones

Johns Hopkins University Press *Mondimore has added sidebars on fascinating details about the history of this disorder and its treatment.*

Making Sense of IBS

A Physician Answers Your Questions about Irritable Bowel Syndrome

JHU Press *Important new information in the second edition includes; The roles of fiber, gluten, lactose, and fructose in the development and treatment of IBS; The use of probiotics and antibiotics to treat IBS; Similarities and differences between IBS and inflammatory bowel disease (IBD); The relationship between small intestine bacterial overgrowth and IBS; How to make the most of your visits to a gastroenterologist; Lifestyle modifications that can improve symptoms of IBS. Making Sense of IBS is an essential resource for anyone who has symptoms or a diagnosis of IBS as well as for health professionals who treat people with this complex disorder.*

Understanding Population Health Analytics

Jones & Bartlett Learning *"Binding: PB"--*

Remaking the John

The Invention and Reinvention of the Toilet

Twenty-First Century Books Did you know that about 40 percent of the world's population lives without toilets? That's more than two billion people, most of whom live in rural areas or crowded urban slums. And according to the World Health Organization, diseases spread by the lack of basic sanitation kill more people every year than all forms of violence, including war. In particular, diarrheal diseases kill more than two million people each year, most of them children. Everyone needs to go to the bathroom, and from the citizens of the world's earliest human settlements to astronauts living on the International Space Station, the challenge has been the same: how to safely and effectively dispose of human body wastes. Toilet history includes everything from the hunt for the causes of infectious disease to twenty-first-century marvels of engineering. In *Remaking the John*, you'll explore the many ways people across the globe and through the ages have invented—and reinvented—the toilet. You will learn about everything from ancient Roman sewers to the world's first flush toilets. You'll also find out about the twenty-first-century Reinvent the Toilet Challenge—an engineering contest designed to spur creation of an ecologically friendly, water-saving, inexpensive, and sanitary toilet. And while you're at it, mark World Toilet Day on your calendar. Observed every November 19, this international day of action works to raise awareness about the modern world's many sanitation challenges.

Before and After Cancer Treatment

Heal Faster, Better, Stronger

JHU Press Wherever they are in their own journey with cancer, readers will find here a personal, practical, and powerful guide to recovery.

To Promote the General Welfare

The Case for Big Government

Oxford University Press Americans love to hate their government, and a long tradition of anti-government suspicion reaches back to debates among the founders of the nation. But the election of Barack Obama has created a backlash rivaled only by the anti-government hysteria that preceded the Civil War. Lost in all the Tea Party rage and rhetoric is this simple fact: the federal government plays a central role in making our society function, and it always has. Edited by Steven Conn and written by some of America's leading scholars, the essays in *To Promote the General Welfare* explore the many ways government programs have improved the quality of life in America. The essays cover everything from education, communication, and transportation to arts and culture, housing, finance, and public health. They explore how and why government programs originated, how they have worked and changed—and been challenged—since their inception, and why many of them are important to preserve. The book shows how the WPA provided vital, in some cases career-saving, assistance to artists and writers like Jackson Pollock, Dorothea Lange, Richard Wright, John Cheever, and scores of others; how millions of students from diverse backgrounds have benefited and continue to benefit from the G.I. Bill, Fulbright scholarships, and federally insured student loans; and how the federal government created an Interstate highway system unparalleled in the world, linking the entire nation. These are just a few examples of highly successful programs the book celebrates—and that anti-government critics typically ignore. For anyone wishing to explore the flip side of today's vehement attacks on American government, *To Promote the General Welfare* is the best place to start.

Bernard Lonergan's Method and a Medical Doctor's Approach to Healthcare

Wipf and Stock Publishers Pat Daly, MD, has written a series of articles which uphold Bernard Lonergan's method explored in his famous book *Insight* as a model that could be followed or applied in practicing medicine or promoting healthcare. Daly calls his effort a GEM Model for medicine. Daly, however, has not explored in-depth Lonergan's second major work, *Method in Theology*, which develops an eight-step method that complements *Insight*. This book focuses on these eight steps, or Functional Specialties so as to better promote Lonergan's views on "Healing and Creating in History."

The Unequal Pandemic

COVID-19 and Health Inequalities

Policy Press EPDF and EPUB available Open Access under CC-BY-NC-ND This accessible, yet authoritative book shows how the pandemic is a syndemic of disease and inequality. It argues that these inequalities are a political choice and we need to learn quickly to prevent growing inequality and to reduce health inequalities in the future.

Health and Social Issues of Native American Women

ABC-CLIO This book serves as a much-needed source of information on the social and health issues that impact the health of Native American women in the United States, accompanied by invaluable historical, cultural, and other contextual data about this sociocultural group.