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## **KEY=MIRACLES - AGUILAR LYONS**

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### **A RETURN TO LOVE**

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### **REFLECTIONS ON THE PRINCIPLES OF A COURSE IN MIRACLES**

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HarperCollins UK **This guide reveals how we each can take a spiritual, psychological and emotional journey back to the true inner peace with which we were born, and shows how by practicing love we can make our lives more peaceful, loving and fulfilling.**

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### **A YEAR OF MIRACLES**

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### **DAILY DEVOTIONS AND REFLECTIONS**

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Harper Collins **In A Year of Miracles, Marianne Williamson, the #1 New York Times bestselling author of the classic A Return to Love and world-renowned teacher, offers a daily devotional that helps us develop a positive, loving mindset and encourages us to live our best selves to bring miracles into our lives. Williamson has taught millions around the**

world the simple yet profound lesson that has helped them tap into the divine within themselves and lead a happier, more fulfilled existence: How we think determines how we live. If you change your thoughts, you can change your reality. If you strive to put your best self forward, the universe responds, actively helping you, creating miracles that allow you to flourish. **A Year of Miracles** is her collection of 365 spiritual readings, including prayers, meditations, declarations, and affirmations—one for each day of the year—that offer guidance, support, and enlightenment to focus your thinking. With this thoughtful meditative devotional, you can stay mindful, hopeful, and centered every day, producing miracles in your life. Combining wisdom drawn from her bestselling books as well as fresh insight, **A Year of Miracles** helps enhance your spiritual journey and opens your eyes to see God acting through the universe to provide all that you need.

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## **A COURSE IN WEIGHT LOSS**

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Hay House, Inc For so many people, whether your addiction is to a substance or merely to a certain way of thinking or acting, a profound humbling occurs when you realize that your problem is bigger than you are. The terror of realizing, even dimly, that you have no control over a self-destructive pattern of behavior that as much as you would want to, you simply cannot stop can mark a crucial turning point in your life. At that point, you go in one of two directions: either way, way down, or way, way up. . . . This book is for you if you know in your heart that you are an addict, and that you are powerless before your addictive behavior. As the title promises, Marianne Williamson looks at weight loss from a spiritual perspective, bringing you 30 lessons that can be done separately or in conjunction with any other serious spiritual path. These 30 lessons are completely separate from anything related to diet or exercise they will retrain your consciousness in the area of weight in order to break the cycle of overeating, dieting, and shame that rules so many lives. Finally, Marianne has brought you what you've been waiting for: help to heal your addiction once and for all!

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## **A YEAR OF MIRACLES**

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## **MEDITATIONS WRITTEN BY MEMBERS OF NICOTINE ANONYMOUS**

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## **ILLUMINATA**

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## **THOUGHTS, PRAYERS, RITES OF PASSAGE**

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[Random House](#) Marianne Williamson's bestselling *A Return to Love* ended with a prayer in which she asked God to help us "find our way home, from the pain to peace, from fear to love, from hell to Heaven." Now, in this stunning new collection of thoughts, prayers, and rites of passage, Marianne Williamson returns to prayer. Prayer is practical, Williamson tells us. "To look to God is to look to the realm of consciousness that can deliver us from the pain of living." *Illuminata* brings prayer into our daily lives, with prayers on topics from releasing anger to finding forgiveness, from finding great love to achieving intimacy. There are prayers for couples, for parents, and for children; prayers to mend broken relationships and prayers to overcome obsessive and compulsive love. There are prayers to heal the soul, prayers to heal the body, and prayers for work and creativity. Williamson also gives us prayers for the healing of America, including two prayers that have had powerful effects on audiences at her lectures: a prayer of amends on behalf of European Americans to African-Americans and one to Native Americans. How, Williamson asks, can we expect anyone to forgive when we have made no formal apology? Another section includes rites of passage, ceremonies of light for the signal events in our lives: blessing of the newborn, coming of age, marriage, and death. There is also a ceremony of the elder, for moving into midlife, and a ceremony of divorce, in which a gentle transition is provided for both the couple and their children. "Read my prayers or someone else's," Williamson says. "By all means, create your own." *Illuminata* is a way to bring prayer into practical use, creating a sweeter, more abundant life for yourself and the people you care for. "No conventional therapy," she says, "can release us from a deep and abiding psychic pain. Through prayer we find what we cannot find elsewhere: a peace that is not of this world."

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## **THE AGE OF MIRACLES**

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### **EMBRACING THE NEW MIDLIFE: EASYREAD LARGE BOLD EDITION**

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[ReadHowYouWant.com](#) From **THE AGE OF MIRACLES** Sometimes what we appear to have lost is simply something it was time to leave behind. Perhaps our system just lets something go, our having moved through the experience and now needing it no more. A friend of mine was sitting once with two of his best friends, a couple he'd partied long and hard with during the 1960s. At about ten in the evening, the couple's twentysomething daughter came home, saw them on the couch, and admonished them, "You guys are so boring! You never go out!" To which all three responded in unison, "We were out, and now we're in." The mind is its own kind of dance floor. If in fact the highest, most creative work is

the work of consciousness, then in slowing down we're not doing less; we're doing more. Having slowed down physically, we're in a better space to rev up psychically. We are becoming contemplative. We are shifting from the outer to the inner not in order to begin our demise, but to reseed and regreen the consciousness of the planet. And that's what is happening now: We're going slower in order to go deeper, in order to go faster in the direction of urgently needed change in the world. - Marianne Williamson

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## **HOLY SHIFT!**

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### **365 DAILY MEDITATIONS FROM A COURSE IN MIRACLES**

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Hay House, Inc **A Course in Miracles** is a modern psycho-spiritual text that has inspired teachers like Marianne Williamson, Louise Hay, Wayne Dyer, Jerry Jampolsky, Sondra Ray, and Gabrielle Bernstein. With more than two million copies in print, in over thirty languages, individual students and study groups study it daily around the world. Robert Holden has studied the daily lessons offered in **A Course in Miracles** for twenty years. In **Holy Shift!**, Robert has selected 365 of his favorite passages from **A Course in Miracles** to serve as daily meditations throughout the year. Students who are already familiar with the Course will enjoy this portable edition of miracles, and those new to the Course will appreciate the friendly and accessible introduction. **Holy Shift!** will help everyone to practice the universal tenets of this profound teaching and to experience a year of miracles.

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## **THE GIFT OF CHANGE**

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### **SPIRITUAL GUIDANCE FOR LIVING YOUR BEST LIFE**

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Harper Collins **Bestselling author of Return to Love and Law of Divine Compensation, Marianne Williamson shows people how to live without fear or worry in The Gift of Change. The time in which we now live is more difficult and stressful than people are willing to admit. We live with an abiding sense of collective anxiety. Williamson shows how we are paralyzed in our current state of fear and anger because we are not facing and dealing with the true causes of our anxieties and fears. Williamson reveals that fear and worry do not need to be the only tools in our tool box for dealing with problems in the world. As we learn to trust God and the love that surrounds us and guides us, we will see that what causes us pain is an opportunity for growth, healing, and miracles that can transform us and our world. Williamson delivers hope and healing as she illuminates ten basic changes that each of us can make as we learn to**

view the world through the eyes of love instead of fear.

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## **ENCHANTED LOVE**

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### **THE MYSTICAL POWER OF INTIMATE RELATIONSHIPS**

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Simon and Schuster Three of Marianne Williamson's previous bestsellers -- *A Return to Love*, *A Woman's Worth*, and *Illuminata* -- explored the issue of relationships. Now, in this deeply personal collection of essays, prayers, and self-reflection, she turns to romantic love. In *Illuminata*, Williamson wrote that "we experience God to the extent to which we love, forgive, and focus on the good in others and ourselves." Now, in *Enchanted Love*, she writes that "enchanted partnership begins with the conscious understanding, on the part of two people, that the purpose of their relationship is not so much material as spiritual, and the internal skills demanded by it are prodigious." High romance, she says, "is not about past or future. It is not about practicality. It is not about society or worldly routines. It is an audacious ride to the center of what is, at the heart of every person. It is a bold and masterful inquiry into what two people really are and how we might become, while still on earth, the angels who reside within us."

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## **THE LAW OF DIVINE COMPENSATION**

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### **ON WORK, MONEY, AND MIRACLES**

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Harper Collins Marianne Williamson is a bestselling author (*Return to Love*, *Healing the Soul of America*), a world-renowned teacher, and one of the most important inspirational thinkers of our time. In *The Law of Divine Compensation*, she reveals the spiritual principles that help us overcome financial stress and unleash the divine power of abundance. A guru to anyone interested in spirituality, Williamson's words ring with power and truth as she assures us that, with faith in God's promise of prosperity for all, we need never fear the future.

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## **THE COURSE IN MIRACLES EXPERIMENT**

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### **A STARTER KIT FOR REWIRING YOUR MIND (AND THEREFORE THE WORLD)**

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Hay House, Inc **ACIM, the Fun Version!** A real-world rewrite of the lessons of *A Course in Miracles* by the #1 New York Times best-selling author of *E-Squared*. *A Course in Miracles* is profound, deeply moving, and as boring to read as a

bookshelf assembly manual. Ask for a show of hands at any self-help gathering, and 95 percent will happily admit to owning the dense blue book that's a famous resource for spiritual transformation. Ask the obvious follow-up, "How many have actually read it?" and all but a smattering of hands go down. It's as if everyone wants the miracles, the forgiveness, and the mind shifts, but they just can't bear its ponderous heaviness. Pam Grout to the rescue! Her new book is for all those still struggling with the Course. Grout offers a modern-day rewrite of the 365-lesson workbook—the text at the heart of the Course. Unlike the original, it's user-friendly, accessible and easy for everyone to understand. In daily lessons with titles like "The Home Depot of Spiritual Practices" and "Transcending the Chatty Asshat in My Head," Grout drills down to the Course's essential message and meaning, grounding it in the context of everyday life in a way that's bound to stick. The lessons here blend eternal truths with pop culture and personal stories that are laugh-out-loud funny and deeply soul-stirring, often at the same time. You won't be tempted to use this Course in Miracles as a doorstop. You'll want to use it, every day, to change your life.

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## **GROWING STRONG IN THE SEASONS OF LIFE**

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Zondervan What season of life are you in? Are you experiencing a winter of discouragement blowing like an icy wind through your soul? Or do you feel the exuberance of spring renewal, the lazy warmth of summer rest? Perhaps the winds of change have brought an autumn of reflection in your heart. Chuck Swindoll offers 144 devotional readings that take you through each season of the year, challenging and encouraging you to discover what's truly important in your own life. Take time to deepen your roots in the soil of God's love and grace. Growing Strong in the Seasons of Life is a devotional companion that helps you grow closer to God through every season of life, in every condition of the heart.

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## **TEARS TO TRIUMPH**

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## **THE SPIRITUAL JOURNEY FROM SUFFERING TO ENLIGHTENMENT**

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HarperCollins The internationally recognized teacher, speaker, and New York Times bestselling author of *A Return to Love* argues that our desire to avoid pain is actually detrimental to our lives, disconnecting us from our deepest emotions and preventing true healing and spiritual transcendence. Marianne Williamson is a bestselling author, world-renowned teacher, and one of the most important spiritual voices of our time. In *Tears to Triumph*, she argues that we—as a culture and as individuals—have learned to avoid facing pain. By doing so, we are neglecting the spiritual

work of healing. Instead of allowing ourselves to embrace our hurt, we numb it, medicate it, dismiss it, or otherwise divert our attention so that we never have to face it. In refusing to acknowledge our suffering, we actually prolong it and deny ourselves the opportunity for profound wisdom—ultimately limiting our personal growth and opportunity for enlightenment. Frozen by denial, we are left standing in the breach. Whole industries profit from this immobility, and while they have grown rich, we have become spiritually poorer. As Marianne makes clear, true healing and transcendence can only come when we finally face our pain and wrestle with what it has to teach us. Written with warm compassion and profound wisdom, Tears to Triumph offers us a powerful way forward through the pain, to a deeper awareness of our feelings, our lives, and our true selves.

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## **TEARS TO TRIUMPH**

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### **THE HIDDEN LINK BETWEEN ANXIETY, DEPRESSION, AND SPIRITUALITY**

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HarperOne The internationally recognized teacher, speaker, and New York Times bestselling author of *A Return to Love* argues that our desire to avoid pain is actually detrimental to our lives, disconnecting us from our deepest emotions and preventing true healing and spiritual transcendence. Marianne Williamson is a bestselling author, world-renowned teacher, and one of the most important spiritual voices of our time. In *Tears to Triumph*, she argues that we—as a culture and as individuals—have learned to avoid facing pain. By doing so, we are neglecting the spiritual work of healing. Instead of allowing ourselves to embrace our hurt, we numb it, medicate it, dismiss it, or otherwise divert our attention so that we never have to face it. In refusing to acknowledge our suffering, we actually prolong it and deny ourselves the opportunity for profound wisdom—ultimately limiting our personal growth and opportunity for enlightenment. Frozen by denial, we are left standing in the breach. Whole industries profit from this immobility, and while they have grown rich, we have become spiritually poorer. As Marianne makes clear, true healing and transcendence can only come when we finally face our pain and wrestle with what it has to teach us. Written with warm compassion and profound wisdom, *Tears to Triumph* offers us a powerful way forward through the pain, to a deeper awareness of our feelings, our lives, and our true selves.

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## **THE SOUL SEARCHER'S HANDBOOK**

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## **A MODERN GIRL'S GUIDE TO THE NEW AGE WORLD**

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Simon and Schuster From aromatherapy and numerology to healing crystals and meditation, this fun and sassy guide to everything body-mind-spirit defines New Age practices for a new generation. What type of crystal should I put in my car for a road trip? Should I Feng Shui my smart phone screen? In this illuminating introduction for the modern-day soul searcher, Emma Mildon shines light on everything your mom didn't teach you about neo-New Age practices. With something for every type of spiritual seeker, *The Soul Searcher's Handbook* offers easy tips, tricks, and how-tos for incorporating everything from dreamology and astrology to mysticism and alternative healing into your everyday life. This handbook is your #1 go-to guide—handy, accessible, entertaining, and packed with all the wisdom you need in one place. Your destiny, gifted to you at birth, is waiting. So plug into the universe, dig your toes into the soil of Mother Earth, and open your soul to your full potential. Regardless of what you're seeking, *The Soul Searcher's Handbook* is your awakening to a more fulfilling and soulful life.

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## **EVERYDAY GRACE**

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### **HAVING HOPE, FINDING FORGIVENESS AND MAKING MIRACLES**

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Random House In this comforting, inspirational companion to the No.1 New York Times bestseller, *A Return to Love*, Marianne Williamson returns to her spiritual roots, writing on the art of nurturing a thriving soul in a harsh world. What do your spiritual convictions have to do with traffic jams, job anxiety, reading the newspaper, or arguing with your spouse? Everything, according to Marianne Williamson. It is the way we live in our everyday world that determines the shape of who we are. So Buddhist or Muslim, Christian or Jew, it is the moment when your child fails an exam, when your best friend lands your dream job, or your business instinct tells you to watch your back, that tests and builds our living faith. With an attitude of hope, a call to forgive, a celebration of miracles, and the promise of strength and grace, Williamson helps us find our sacred footing on ordinary ground. No matter where we are or what we're doing, no matter what difficulties we face, there is always an opportunity to be happy, to connect with the spiritual - and to open our hearts and our minds. In the book of hours, Marianne Williamson teaches us to ride the currents of life and to seek out the sacred that will bring forth a sea change of the soul.



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## **A COURSE IN MIRICLES**

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### **TEXT, WORKBOOK FOR STUDENTS, MANUAL FOR TEACHERS**

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Courier Dover Publications **A Course in Miracles is the acclaimed spiritual guide that teaches the way to universal love and peace is by undoing guilt through forgiving others. The "miracles" of the title refers to shifts in perception from fear to love, which fosters the healing and sanctification of relationships. Although expressed in terms of traditional Christianity, this life-changing work constitutes nonsectarian, universal spiritual teachings. The three-part approach begins with an explanation of the course's theory and the development of the experience of forgiveness. The second consists of a workbook, comprising 365 lessons – an exercise for each day of the year – intended to influence students' perceptions. The third section presents a manual for teachers, in which the question-and-answer format provides responses for likely inquiries as well as definitions for terms used throughout the course. Written by Dr. Helen Schucman, a clinical and research psychologist, and edited by her colleague at Columbia University, Dr. William Thetford, from 1965 to 1970, A Course in Miracles has been translated into more than 20 languages and sold millions of copies around the world.**

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## **CALM**

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### **CALM THE MIND. CHANGE THE WORLD**

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Penguin UK **This e-book is a shorter version of the paperback, with the same beautifully designed content excluding the practical exercise pages - perfect to dip in and out, and choose which bits work best for you. Join the Calm revolution. Modern life is hectic and relentless: trains delayed, endless emails filling the inbox, kids squabbling before bedtime... There has never been a more important time to rediscover your pause button. Calm is the book that will show you how to take back a little bit of peace, space and all-important calm. This book contains the simple tools, tricks and habits that will change the rest your life. It is a practical and pleasurable guide to twenty-first century mindfulness. Regular meditation is medically proven to be good for you - it increases focus and creativity, productivity and job satisfaction, mental and even physical health. But in reality most of us don't have time to sit on a cushion with our eyes closed for half an hour every day. And many people associate meditation with hard work and huge lifestyle shifts: you might be imagining Buddhist monks locked in a mountain retreat and living off gruel... This is where Calm comes in. Calm is**

about simple, achievable habits that work with the demands of your busy life instead of pretending those demands don't exist. Calm does not require specialist training: it uses abilities that every single one of us is born with, like creativity, spontaneity and simply noticing the world around you. Calm is not a set of rules that you need to worry about following or breaking. It is inspirational, practical and non-prescriptive. Onerous, time-consuming meditation might seem out of reach but everyone can achieve calm - including you. Calm combines extracts from fascinating neurological research with wisdom from history's great thinkers and the real-life experiences of individuals across the globe. It demystifies mindfulness and shows you the many simple ways to be mindful while carrying on with your life. It is also a beautifully crafted object, filled with artwork and artistry, that will change your perspective by showing you the pleasures of the world anew. Take a walk with nowhere to go, savour a chocolate on the tip of your tongue, plant a seed, doodle aimlessly, turn off your mobile phone for five short minutes. Smile, breathe and go slowly. Michael Acton Smith has written a game-changing book, one that will finally balance everyone's need for calm with the realities of modern life. Join the Calm revolution. Calm your mind; change your world. Calm.com @calm

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## **THE RACES OF MAN: AN OUTLINE OF ANTHROPOLOGY AND ETHNOGRAPHY**

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Library of Alexandria **THE innumerable groups of mankind, massed together or scattered, according to the varying nature of the earth's surface, are far from presenting a homogeneous picture. Every country has its own variety of physical type, language, manners, and customs. Thus, in order to exhibit a systematic view of all the peoples of the earth, it is necessary to observe a certain order in the study of these varieties, and to define carefully what is meant by such and such a descriptive term, having reference either to the physical type or to the social life of men. This we shall do in the subsequent chapters as we proceed to develop this slight sketch of the chief general facts of the physical and psychical life of man, and of the most striking social phenomena of the groups of mankind. But there are some general terms which are of more importance than others, and their meaning should be clearly understood from the first. I refer to expressions like "people," "nation," "tribe," "race," "species," in short, all the designations of the different groupings, real or theoretic, of human beings. Having defined them, we shall by so doing define the object of our studies. Since ethnography and anthropology began to exist as sciences, an attempt has been made to determine and establish the great groups amongst which humanity might be divided. A considerable diversity of opinion, however, exists among leading scientific men not only as to the number of these groups, of these "primordial divisions" of the human race, but, above all, as to the very nature of these groups. Their significance, most frequently, is very vaguely indicated. In zoology, when we proceed to classify, we have to do with beings which, in spite of slight individual**

differences, are easily grouped around a certain number of types, with well-defined characters, called “species.” An animal can always be found which will represent the “type” of its species. In all the great zoological collections there exist these “species-types,” to which individuals may be compared in order to decide if they belong to the supposed species. We have then in zoology a real substratum for the determination of species, those primordial units which are grouped afterwards in genera, families, orders, etc.

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## **GOD'FESSIONS 2**

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### **DAILY CONFESSIONS OF GOD'S WORD AND PROMISES OVER YOUR LIFE VOLUME TWO**

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AuthorHouse At a time when the world is steeped in violence and covered with encroaching darkness and strife, it is normal to respond with negative proclamations. But rather than create a world worse than what you already see with your mouth, it's time to CONFESS - the God way and bring light into every darkness. Let's Godfess and bring positive change with the fruits of our lips! God'fession is a daily prayer devotional with a topical approach written in the “First person”, which has the word and promises of God, and a faith booster. This book will help you help you cultivate an awareness of your spiritual blessings and the limitless power of God. God'fession 2 is second of four compilations of inspired confessions of God's promises. This book will help you cultivate an awareness of your spiritual blessings and the limitless power of God as well as enable you grow stronger in your faith, as you establish the truth of God's word over you and your household through declarations. Start Godfessing! Your Change is here!

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## **THE SEVEN WHISPERS**

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### **A SPIRITUAL PRACTICE FOR TIMES LIKE THESE**

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New World Library The Seven Whispers Maintain peace of mind Move at the pace of guidance Practice certainty of purpose Surrender to surprise Ask for what you need and offer what you can Love the folks in front of you Return to the world In The Seven Whispers, journal writing pioneer Christina Baldwin teaches us to listen to the inner voice that originates from each of our souls — the voice of spirit. Though we may call this voice by whatever name has meaning for us — spirit, intuition, or God — hearing it is a universal human experience. Built around seven phrases, or whispers, Baldwin's book is a personal guide for finding and listening to that voice. A powerful call to reenvision our lives, told in the voice of a trusted friend, The Seven Whispers delivers a wonderfully inspiring yet practical spirituality.

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## **THE ENNEAGRAM OF MIRACLES**

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## **THE ENNEAGRAM OF A COURSE IN MIRACLES**

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[Createspace Independent Pub](#) The "Enneagram Of Miracles" is the world's only "Enneagram" of "A Course In Miracles." It is the only ACIM study guide that permits the reader who is apprised of their Enneatype to understand the "Enneagram Course Issues" imbedded in the " A Course In Miracles." The Enneagram is a nine fold personality format that is taught to Psychiatrists at Stanford Medical School. It describes the nine healthy, average, and unhealthy states of the core personalities taught to Psychiatrists reflected in the DSM versions. The unparalleled genius of Helen Schuckman's work, A Course In Miracles' issues are separated out into their various Enneagram core types. This, thus expands the spiritual " Course" philosophy to the Enneagram. And, identifies the enneatype core issues in the ACIM. This book is intended to be a helpful study guide to the Course student who knows their Core Type.

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## **ALL ABOUT BATTERSEA**

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## **A POLITICS OF LOVE**

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## **A HANDBOOK FOR A NEW AMERICAN REVOLUTION**

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[HarperCollins](#) In this stirring call to arms, the activist, spiritual leader, and New York Times bestselling author of the classic *A Return to Love* confronts the cancerous politics of fear and divisiveness threatening the United States today, urging all spiritually aware Americans to return to—and act out of—our deepest value: love. America's story is one of great social achievement. From the Abolitionists who fought to outlaw slavery, to the Suffragettes who championed women's right to vote, to the Civil Rights proponents who battled segregation and institutionalized white supremacy, to the proponents of the women's movement and gay rights seeking equality for all, citizens for generations have risen up to fulfill the promise of our nation. Over the course of America's history, these activists have both embodied and enacted the nation's deepest values. Today, America once again is in turmoil. A spiritual cancer of fear threatens to undo the progress we have achieved. Discord and hatred are dissolving our communal bonds and undermining the spirit of social responsibility—the duty we feel toward one another. In this powerful spiritual manifesto, Marianne Williamson offers a tonic for this cultural malignancy. She urges us to imitate the heroes of our past and live out our

deepest spiritual commitment: where some have sown hatred, let us now sow love. Williamson argues that we must do more than respond to external political issues. We must address the deeper, internal causes that have led to this current dysfunction. We need a new, whole-person politics of love that stems not just from the head but from the heart, not just from intellectual understanding but from a genuine affection for one another. By committing to love, we will make a meaningful contribution to the joyful, fierce and disruptive energies that are rising at this critical point in time. In the words of Abraham Lincoln, "we must think anew, and act anew . . . and then we shall save our country."

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### **MOVEMENT FOR ACTORS (SECOND EDITION)**

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Simon and Schuster In this updated rich resource for actors, renowned movement teachers and directors reveal the physical skills needed for the stage and the screen. Readers will gain remarkable insights into the physical skills and techniques used in a wide variety of performance styles through ready-to-use exercises and approaches. Included in this new edition are chapters covering: Stage combat Yoga for actors Martial arts Body-mind centering Authentic movement Bartenieff fundamentals Grotowski-based movement Those who want to pursue serious training will be able to consult the appendix for listings of the best teachers and schools in the country. This inspiring collection is a must-read for all actors, directors, and teachers of theater looking for stimulation and new approaches. Allworth Press, an imprint of Skyhorse Publishing, publishes a broad range of books on the visual and performing arts, with emphasis on the business of art. Our titles cover subjects such as graphic design, theater, branding, fine art, photography, interior design, writing, acting, film, how to start careers, business and legal forms, business practices, and more. While we don't aspire to publish a New York Times bestseller or a national bestseller, we are deeply committed to quality books that help creative professionals succeed and thrive. We often publish in areas overlooked by other publishers and welcome the author whose expertise can help our audience of readers.

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### **THE DESIRE MAP PLANNER FROM DANIELLE LAPORTE 2018 DAILY (CHARCOAL AND GOLD)**

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Desire Map Planner With Soul Prompts, Gratitude notes, a Stop Doing List, and Your 3 Key To-Dos -- The Desire Map Planner is where positivity meets productivity. And it's unlike anything on the market. Created by Danielle LaPorte, member of Oprah's Super Soul 100, The Desire Map Planner collection is based on The Desire Map book which sold over 140K copies, is translated into 8 languages, and evolved into a journal, a top 10 iTunes app, and a workshop curriculum with licensed facilitators in 15 countries. The Desire Map Daily Signature Planner, in charcoal grey and gold

accents, is for the person who knows that a rich life is as much about being tuned-in as checking off to-dos.

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## **THE CHRONICLES OF A GAY GORDON**

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Litres "The Chronicles of a Gay Gordon" by J. M. Gordon. Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten–or yet undiscovered gems–of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

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## **A HAPPY POCKET FULL OF MONEY**

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## **INFINITE WEALTH AND ABUNDANCE IN THE HERE AND NOW**

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Hampton Roads Publishing **A Happy Pocket Full of Money**, first self-published in 2001, so impressed Rhonda Byrne, that she asked David Gikandi to become a consultant on *The Secret*. In *A Happy Pocket Full of Money*, Gikandi explains that true wealth is not about having buckets of cash, but rather understanding the value within. True wealth flows out of developing “wealth consciousness,” that incorporates gratitude, a belief in abundance, and an ability to experience joy in life. He explores how recent discoveries in theoretical physics are relevant for the creation of personal wealth and shows readers how to create abundance by saving, giving, offering charity, and building happy relationships. *A Happy Pocket Full of Money* features: How to use an internal mantra to build wealth consciousness.-How to be conscious and deliberate about your thoughts and intentions.How to decide, define, and set goals you can believe in.How to act on your beliefs and overcome challenges.How to incorporate gratitude, giving, and faith to experience abundance and joy in life. This inspirational book will change how you view and create money, wealth, and happiness in your life.

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## **A DEEP BREATH OF LIFE**

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## **DAILY INSPIRATION FOR HEART-CENTERED LIVING**

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Hay House, Inc **TAKE A DEEP BREATH OF LIFE . . . WITH ALAN COHEN!** Consider this book a hand to hold as you scale the mountain of your destiny. In just a few minutes each day, you can step back from your worldly activity and draw in a deep breath of spiritual renewal. You might like to savor each message in the morning to start your day on a positive

keynote, and/or review your day in the light of the principles. Each day's message includes a theme, a quote of wisdom, a parable or real-life anecdote, a prayer, and an affirmation. After reading the day's message, close your eyes for a few moments, and be with the prayer and affirmation. Take these powerful ideas into your subconscious, and allow the truth to shine away any darkness. The spirit within you will expand miraculously as you nourish your inner being. There is no limit to the healing, inspiration, and positive changes you can enjoy through applying the principles contained between these covers. March on to the high calling of your heart, and your life will be a testament to the magnificence that is you.

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## **HEALING AFTER LOSS**

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## **DAILY MEDITATIONS FOR WORKING THROUGH GRIEF**

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Harper Collins For those who have suffered the loss of a loved one, here are strength and thoughtful words to inspire and comfort.

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## **ATMASIDDHI SHASTRA**

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## **SIX SPIRITUAL TRUTHS OF THE SOUL (CONCISE & COMPLETE COMMENTARY)**

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Harper Collins **The Journey of Self-Discovery from the Heart of an Enlightened Master.** Humanity has accomplished incredible feats. We have reached for the stars, and achieved things our forefathers considered impossible. And yet, the same key questions that eluded them, have eluded us - Who am I? Where have I come from? What is my true purpose? Questions spark the beginning of an inner journey. Atmasiddhi Shastra is a 142-verse masterpiece, composed by 19th century self-realised saint Shrimad Rajchandraji in a single sitting of about 1.5 hours when He was only 28 years old. Quenching the genuine thirst of a seeker, Shrimadji shares six spiritual truths in this clearest, most cogent outline of the path. A brilliant clarification on diverse perspectives, it prompts you to realise who you are, and who you are not. World-renowned spiritual leader Pujya Gurudevshri Rakeshji reveals the hidden treasures embedded within every verse of Atmasiddhi Shastra. The book is a step-by-step guide to self-realisation written with great compassion and vision by an enlightened Master. An indisputable path to universal truths is presented through an open-hearted dialogue between an experienced Master and an earnest seeker. Exploring the soul, destiny, karma, death, rebirth, God and liberation, Atmasiddhi Shastra weaves scriptural testimony with a scientific approach, philosophy with

practicality, doctrine with devotion, and logic with love. It covers every step of the path, with milestones of progress, warnings of pitfalls and perils, and a vivid glimpse of the final destination. A guidebook for those in search of their everlasting nature, the deep spiritual richness of every verse is made accessible to read, retain and ruminate. Nothing that one requires to experience the soul, or to attain liberation is hidden or left out. A revolution awaits all those who seek wholeheartedly within these pages. A masterclass in spirituality for every modern seeker, Atmasiddhi Shastra is a deeply personal experience. Ignite your inner quest. Discover your higher purpose. Reclaim your true identity. Experience your eternal bliss. Gift yourself this ocean of spirituality.

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### **LOVE IS LETTING GO OF FEAR**

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After a quarter century, LOVE IS LETTING GO OF FEAR is still one of the most widely read and best-loved books on personal transformation and has become a classic all over the world. This helpful and hopeful little guide is comprised of twelve carefully crafted lessons that are designed to help us let go of the past and stay focused on the present as we step confidently toward the future. Renowned founder and teacher of Attitudinal Healing, Dr. Gerald Jampolsky reminds us that the only impediments to the life we yearn for are the limitations imposed on us by our own minds. Revealing our true selves, the essence of which is love, is a matter of releasing those limited and limiting thoughts. LOVE IS LETTING GO OF FEAR has guided millions of readers toward self-healing with this deeply powerful yet profoundly simple message. Embrace it with an open mind and an open heart and let it guide you to a life in which fear, doubt, and negativity are replaced with optimism, joy, and love.

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### **DON'T WEAR SHOES YOU CAN'T WALK IN**

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### **A FIELD GUIDE FOR YOUR TWENTIES**

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She Writes Press “Why is this moment happening in my life and what can I learn from it?” Michelle Douglas asked and answered this question almost every day for ten years, writing down one thing she learned each day from ages twenty-one to thirty-one. In these pages, she shares her experiences and learnings from the adventures that lie ahead for young adults—moving, working, loving, losing, quitting, building, and more, all while attempting to maintain a strong sense of self. Written for anyone just starting out or suddenly starting over, this field guide—part advice book, part journal—will help you discover the very important yet not-so-obvious lessons to be learned in your own life right now. Things like . . . the weakness isn’t necessarily where the leak is surround yourself with people who are willing to lift



while they climb you can't change the shape of a piece to force it into your puzzle don't go looking for love, go looking for things you love to do it's what you bring to the table, not how long you've been sitting at it Don't Wear Shoes You Can't Walk In equips twentysomethings (and beyond) with powerful tools to enrich their lives and take their next steps forward with confidence.

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### **YOU CAN HEAL YOUR LIFE 30TH ANNIVERSARY EDITION**

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This New York Timesbestseller has sold over 50 million copies worldwide, including over 200,000 copies in Australia. Louise's key message in this powerful work is- olf we are willing to do the mental work, almost anything can be healed.o Louise explains how limiting beliefs and ideas are often the cause of illness, and how you can change your thinkingaand improve the quality of your life! Packed with powerful information - you'll love this gem of a book! This special edition, released to mark Hay House's 30th anniversary,contains 16 pages of photographs.

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### **STORY OF MY LIFE, VOLUMES 1-3**

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Library of Alexandria

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### **THE LITTLE BOOK OF BIG BOLD PRAYERS**

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### **100 DAYS OF LEVELING UP YOUR PRAYER LIFE**

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[Createspace Independent Publishing Platform](#) **If you are ready to stretch your faith and increase your prayer life, join Fatima Scipio as she gives you 100 simple daily prayers that will transform your life and help you breakthrough to living the best life you were created to live.**

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### **PEACE FROM BROKEN PIECES**

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### **HOW TO GET THROUGH WHAT YOU'RE GOING THROUGH**

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[Hay House, Inc](#) **How do you find your way through the broken pieces and the pain to peace? In this honest and searching book, New York Times best-selling author Iyanla Vanzant recounts the last decade of her profoundly human journey and shares her own hard lessons to inspire you to put your personal puzzle back together. Part metaphorical teaching**

story, part wrenching personal chronicle, this phoenix-rising-from-the-ashes tale is about men and money, love and work, mothers and daughters, life and death, and the patterns and pathologies that families pass down through the generations—until someone gets clear enough to break the pattern and pave the way to healing. Discover why everything you need to learn is reflected in your relationships; gain a new perspective on personal power, spiritual purpose, and karma; and recognize that it is possible to make your broken pieces whole.

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## **JOURNEY TO THE HEART**

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### **DAILY MEDITATIONS ON THE PATH TO FREEING YOUR SOUL**

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Harper Collins **Journey to the Heart** by New York Times bestselling author of **Codependent No More, Beyond Codependency, and Lessons of Love**, contains 365 insightful daily meditations that inspire readers to unlock their personal creativity and discover their divine purposes in life. “Melody Beattie gives you the tools to discover the magnificence and splendor of your being.” -Deepak Chopra, author of **Jesus and Buddha**

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### **HOW TO LOVE YOURSELF (AND SOMETIMES OTHER PEOPLE)**

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Hay House, Inc **Are you trying to find love - and beginning to suspect you're not looking in the right place? This wise, hip guide gives you a new map for the journey to happiness in relationships of all kinds, starting in your own heart. Told from the alternating vantage points of authors Meggan Watterson and Lodro Rinzler, How to Love Yourself (and Sometimes Other People) reminds us that love isn't something we have to earn. All of us are deeply and intrinsically worthy of love - not only the love we hope to receive from others, but the love we give to ourselves - and this book offers the insight and practical tools we need to stay firmly grounded in self-love as we ride out the natural (and often stormy) cycles of relationships. Meggan and Lodro's unique perspectives as teachers and scholars of Christian mysticism and Buddhism respectively make for a rich and lively dialogue that draws on wisdom sources like the Gospel of Mary Magdalene and the Four Noble Truths, along with funny, revealing stories from their own love lives and their deep friendship with each other. You'll find guidance for embracing single life, dating with an open heart, and thriving in lasting love; meditations and practices for calm abiding, "disciplined hope," and connecting to the source of love within you; and tips on everything from sex, self-worth, and nourishing friendships to navigating breakups and learning to truly love yourself. Ultimately, you'll be able to see your ideal partner in a new light - not as someone who "completes" you, but as someone who mirrors back to you your own wholeness.**

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## PRAYERS FOR HEALING

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### 365 BLESSINGS, POEMS, & MEDITATIONS FROM AROUND THE WORLD

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Mango Media Inc. **Daily Meditations and Prayers from Around the World** Create a tapestry of comfort and inspiration. Maggie Oman creates a healing space for readers in her deeply spiritual book **Prayers for Healing: 365 Blessings, Poems, & Meditations from Around the World**. During moments that are filled with despair, illnesses, depression, or spiritual longing, **Prayers for Healing** draws on the power of wise and healing devotionals for reflection and deep mediation. Embrace physical, emotional, and spiritual transformation. **Prayers for Healing** demonstrates the transformative nature woven through the power of prayer and wisdom, drawing from a select collection of influential spiritual leaders, philosophers and thinkers of our time that include: • The Tao Te Ching • The Koran • The Torah • Native American texts • The Bible • Thich Nhat Hanh • Wendell Berry • Jack Kornfield • Rumi • Rainer Maria Rilke • Marian Wright Edelman • Martin Luther King, Jr. • Marianne Williamson Discover the power to heal through many meditation and prayer voices. This interfaith book provides insight from various religious and cultural texts that touches on our pain and inspires the healer within all of us to be reminded of hope and faith so that we may live a deeper, more meaningful, and fully self-expressed life. If you have found that works such as **Prayers That Bring Healing**, **Earth Prayers**, **Prayers of Hope for Caregivers**, **Prayers for Hard Times**, or **Prayers for Hope and Healing** have brought inspiration into your life, then this book is an invitation to cementing your inner healer.